

Karis A. Stenback Irving, MD, Psychiatrist with International Plaza VA Clinic

Get to know Psychiatrist Dr. Karis A. Stenback Irving, who serves the population of Oceanside, California.

New York City, May 19, 2020 ([IssueWire.com](https://www.issuewire.com)) - Dr. Irving is a psychiatrist currently practicing with International Plaza VA Clinic. Veterans Health Administration is the largest integrated health care network in the United States, with 1,255 health care facilities serving 9 million enrolled Veterans each year. Their mission is to provide veterans with the world-class benefits and services they have earned and to do so by adhering to the highest standards of compassion, commitment, excellence, professionalism, integrity, accountability, and stewardship.

In regards to her education, she graduated with her medical degree from the University of Minnesota Medical School and then completed her Psychiatry residency training from the Naval Medical Center. He is licensed to practice in the state of California and Indiana and is certified in Psychiatry by the American Board of Psychiatry and Neurology (ABPN). Patients can be assured that an ABPN board-certified psychiatrist has specialized skills and knowledge to diagnose and treat problems ranging from emergencies to the long-term medical management of psychiatric disorders.

Psychiatry is the branch of medicine focused on the diagnosis, treatment and prevention of mental, emotional, and behavioral disorders. A psychiatrist is a medical doctor (an M.D. or D.O.) who specializes in mental health, including substance use disorders. Psychiatrists are qualified to assess both the mental and physical aspects of psychological problems. People seek psychiatric help for many reasons. The problems can be sudden, such as a panic attack, frightening hallucinations, thoughts of suicide, or hearing "voices." Or they may be more long-term, such as feelings of sadness, hopelessness, or anxiousness that never seem to lift or problems functioning, causing everyday life to feel distorted or out of control.

Learn More about Dr. Karis A. Stenback Irving:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/82736820-Karis-Stenback-Irving-Psychiatrist>

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