

Get to know Pain Management Specialist and Anesthesiologist Dr. Ramesh Sawhney

Ramesh Sawhney, MD, a Pain Management Specialist and Anesthesiologist with Irving Place Surgery & Wellness Center and The Recovery Spot



New York City, May 20, 2020 (Issuewire.com) - Dr. Sawhney, a top pain management specialist and anesthesiologist, is the Founder & Director of Irving Place Surgery & Wellness Center and The Recovery Spot in New York, New York. Specializing in treating chronic pain, he has helped hundreds if not thousands of patients to live a pain-free life throughout his 35 plus years of practice.

The Irving Place Surgery and Wellness Center is a unique company that is designed to offer superior healthcare and the highest levels of customer service in the areas of pain management, chiropractic care, and podiatry. Dr. Sawhney is well known for blending Western and European methodology, utilizing yoga and meditation within his practice.

The Recovery Spot is a cutting-edge center for the treatment of addiction, co-occurring psychiatric

disorders, and chronic pain. The team of experts specializes in using the latest Medication-Assisted Treatments (MAT) combined with other therapeutic modalities in order to achieve sustainable recovery. They are advocates for patients' recovery path.

Routinely rated as a top 10 Doctor in the tri-state area, Dr. Sawhney is board-certified in anesthesiology by the American Board of Anesthesiology, which is a non-profit organization that is committed to partnering with physicians to advance the lifelong learning and exceptional patient care.

Among his professional affiliations, he is a member of the American Academy of Pain Management, the American Society of Anesthesiology, the American Society of Addiction Medicine, the Society for the Study of Addiction, and the American Association of Medical Society Executives.

Before embarking on his professional journey, Dr. Sawhney earned his medical degree from the Universidad Autónoma de Guadalajara, Faculty of Medicine in Mexico in 1981. Upon relocating to the United States, he went on to complete his residency in anesthesiology at the Mount Sinai Medical Center in New York City, followed by an internship at Arrowhead Regional Medical Center in Colton, California.

Pain management is a branch of medicine employing an interdisciplinary approach for easing the suffering and improving the quality of life of those living with chronic pain. A pain management specialist is a doctor who specializes in pain medicine, focusing on the evaluation, treatment, and prevention of pain.

Anesthesiology is the medical specialty concerned with the total perioperative care of patients before, during, and after surgery. It encompasses anesthesia, intensive care medicine, critical emergency medicine, and pain medicine. Anesthesiologists have the primary responsibility of monitoring the patient's vital signs during surgery. In addition to basic measurements such as pulse, blood pressure and temperature, anesthesiologists also measure the patient's respiration.

In his spare time, Dr. Sawhney is an avid guitarist who has produced music for some very well-known musicians.

Learn More about Dr. Ramesh Sawhney:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3510500-Ramesh-Sawhney-Anesthesiologist>, through Irving Place Surgery & Wellness Center, <http://www.ipswcnyc.com/dr-ramesh-sawhney/> or through The Recovery Spot, <https://www.recoveryspotny.com/team/ramesh-sawhney-md/>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Ramesh Sawhney, MD

[See on IssueWire](#)