

Camai Healing Brings CranioSacral Therapy Anchorage To Alaska

Camai Healing is a wellness clinic headed by Brenda Layou that offers CranioSacral Therapy Anchorage to those in need. The owner is a wholistic reflexologist and offers customized approaches to patients.



Anchorage, May 7, 2020 ([IssueWire.com](https://www.issuewire.com)) - Camai Healing brings a diverse range of services including Head Massage, Facial Rejuvenation and more. The clinic stresses on offering a holistic treatment to patients so they can relieve stress and anxiety completely.

[CranioSacral Therapy Anchorage \(CST\)](#) is a gentle, hands-on method of evaluating and enhancing the functioning of a physiological body system called the CranioSacral system – comprised of the membranes and cerebrospinal fluid that surround and protect the brain and spinal cord. Using a soft touch, practitioners release restrictions in the CranioSacral system to improve the functioning of the central nervous system. One session of the therapy may provide relief to patients, while some patients may need more sessions.

CST is increasingly used as a preventive health measure for its ability to bolster resistance to disease and is effective for a wide range of medical problems associated with pain and dysfunction. Patients can choose from different session lengths. These include one hour sessions, two-hour sessions, one and a half hour sessions. The cost of therapy is also affordable.

Camai Healing brings forth wellness packages as well as gift certificates. So, one can make use of it and gift it to their loved ones who are in need of wellness therapy. You can either customize the price or pick from the various price of certificates. The clinic is open from Monday to Saturday and patients can drop by after making an appointment.

The patients can get in touch over a call or mail. However, those interested to avail CranioSacral Therapy can check out <https://camaihealing.com/>.

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About Camai Healing

Camai Healing is a clinic based in Anchorage, Alaska and headed by Brenda Layou, offering a wide range of holistic therapy to the patients. Patients can choose from different packages.

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