

Richard H. Brent, MD, a Psychiatrist with NewYork-Presbyterian Hospital

Get to know Psychiatrist Dr. Richard H. Brent, who serves patients in New York City, New York.



New York City, Apr 15, 2020 ([Issuewire.com](https://www.Issuewire.com)) - As a highly-trained and qualified psychiatrist, Dr. Brent has over three decades of experience in having excellent results while working with patients who have had some of the most challenging of problems. Adept at customizing and optimizing his approach for the specific needs of the individual, he has developed a high level of expertise in the area of

psychotherapy which is reflected in his clinical work.

At present, he serves as an Assistant Attending Psychiatrist at NewYork-Presbyterian Hospital & as a Clinical Assistant Professor of Psychiatry at the Joan & Sanford I. Weill Medical College of Cornell University in New York City, New York. He is also an Instructor of the Psychoanalytic Training Program at the New York Psychoanalytic Society & Institute.

The NewYork-Presbyterian Hospital is a nonprofit academic medical center in New York City affiliated with two Ivy League medical schools: Columbia University Vagelos College of Physicians and Surgeons and Weill Cornell Medicine.

Weill Cornell Medicine, officially the Joan & Sanford I. Weill Medical College of Cornell University, is the biomedical research unit and medical school of Cornell University, a private Ivy League university. It is one of the top-ranked clinical and medical research centers in the country.

After earning his Bachelor of Arts (BA) degree from Boston University in 1973, Dr. Brent went on to obtain his medical degree from the Boston University School of Medicine in 1978. His expertise is quite diverse, whether the problem is related to stress reduction, couple or marital problems, LGBT issues, self-esteem problems or more severe problems such as alcohol and drug abuse, ADHD, OCD, anxiety, depression or bipolar disorder, he gives the same care and attention to every individual he works with.

A member of the New York County Medical Society and the American Society of Clinical Psychopharmacology, the doctor is board-certified in both psychiatry and psychoanalysis by the American Board of Psychiatry and Neurology, a not-for-profit corporation dedicated to promoting high-quality patient care for the public through the initial and continuing certification of psychiatrists and neurologists. He has also published several articles relating to his field.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Learn More about Dr. Richard H. Brent:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/8130378-Richard-Brent-Psychiatrist> or through Weill Cornell Medicine, <https://weillcornell.org/richard-h-brent-md-6558>

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