

New picture book tackles lockdown loneliness



Helensburgh, May 2, 2020 ([IssueWire.com](http://www.IssueWire.com)) - Scottish author Isla Wynter has released a new picture book about a lonely bunny on the moon, born from her own experience of self-isolation and being cut off from family and friends.

The Bunny on the Moon tells the adorable story of Maribus Honey, a rabbit living all by himself on the moon. One day, when he feels particularly lonely, he builds a ladder and climbs down to Earth – but will he find the friendship he's craving?

Using rhymes and charming illustrations, this picture book encourages children to talk about their feelings and fears, while also telling them that it's okay to feel lonely and scared from time to time.

While the book doesn't mention the coronavirus or lockdown, it is written with the current situation in mind.

"Many parents have told me how difficult it is for their children to not be able to see their friends or relatives," Wynter says. "Some even think that their grandparents no longer love them because they don't come for visits. When I heard that, I knew my next book would have to be about being alone and away from everyone else.

"I live on my own and haven't seen anyone for seven weeks, which sometimes makes me feel like I could just as well live on an entirely different planet. That's why I decided to have my main character live on the moon, far away from everyone else."

Research shows that young children, in particular, are vulnerable to anxiety and stress experienced by their parents, often developing mental health problems themselves in the future. At a time where many adults are faced with uncertainty about job security, health and personal finances, it is especially important to make sure children don't bottle up their feelings.

"I hope that this book can give children the confidence to talk about their emotions as well as deal with the confusion and unpredictability the coronavirus pandemic has brought with it," Wynter says. "And even if they just like the story of a cute bunny and it distracts them from reality for a while, that would make me very happy."

The Bunny on the Moon is available as a paperback (ISBN 9781913556037, published by Peryton Press), eBook and audiobook and can be found at all major bookstores, including Amazon. The eBook and audiobook are also available for free at many libraries.

END

Notes to the Editor

Images and other additional material can be found in this Dropbox folder: <https://swiy.io/bunnymoon>

Contact information

Email: isla@islawynter.com

Phone: 07517 435387

About the author

Isla Wynter is the pen name of a USA Today Bestselling author of fantasy and science fiction romance for adults. She lives in Helensburgh, Scotland with two cuddly bunnies, a lonely pot plant and a horde of imaginary friends.

A former science journalist, she now writes fiction full time and has published 11 picture books and one young adult fantasy novel.

This isn't the first children's book the author has written about dealing with difficult situations. In *The Day Grandpa Bunny Forgot Ben's Name*, she tells the story of a young rabbit who's confused by why his grandfather keeps forgetting things.

Website: islawynter.com

Facebook: facebook.com/islawynter

Instagram: instagram.com/islawynterauthor

About the book

32 illustrated pages. Paperback. 8.5 x 8.5 inches.

ISBN: 978-1913556037

Publisher: Peryton Press

Price: £7.99

Release date: 1st May 2020

Target audience: Children aged 3 to 7.

Also available as eBook and audiobook.

Links to retailers: islawynter.com/bunnymoon

Audiobook sample: <https://youtu.be/NMJQIdfDfRM>

**Up on the moon lives a small little bunny,
His name, so they say, is Maribus Honey.**

Maribus is lonely and doesn't want to be all alone on the moon anymore.
He builds a ladder and climbs down to Earth, but what will he find there?

A picture book about new experiences, making friends and letting go of your fears. With a strong message of learning to talk about your worries, this rhyming tale is sure to be a bedtime favourite.



Media Contact

Isla Wynter

isla@islawynter.com

Source : Isla Wynter

[See on IssueWire](#)