

William R. Fitz, MD, a Physiatrist with Orthopedic ONE

Get to know Physiatrist Dr. William R. Fitz, who serves patients in Ohio.



New York City, Mar 28, 2020 (Issuewire.com) - Being a board-certified physiatrist, Dr. Fitz specializes in the diagnosis and non-surgical care of the spine, joints, and soft tissue disorders. He holds two U.S. Patents for devices that assist in the treatment of lower back pain - one for a facet joint pain relief method and apparatus, and one for an artificial facet joint.

In addition to his affiliation with Riverside Methodist Hospital and Ohio Orthopedic Surgery Institute, he tends to patients at Orthopedic ONE at the offices in Upper Arlington and Dublin, Ohio.

“With 60 of the region’s top general and fellowship-trained orthopedic experts, over 100 physical and occupational therapists, and a team of 600 caring associates, Orthopedic ONE is the largest physician-owned orthopedic surgery practice in Ohio. At Orthopedic ONE, we help our patients pursue better lives one story at a time. Whether you want to compete at the top of your game, play with your grandkids or simply enjoy a day without pain, this is where you go to get better.” as stated on their website.

Recognized as an expert in his field with over three decades of experience, Dr. Fitz utilizes the most up-to-date evidence-based practice principles and techniques to treat his patients. He specializes in traditional treatments such as lumbar epidural steroid injections, cervical and lumbar facet joint nerve ablations, and various joint injections. In addition to these traditional treatments, he specializes in regenerative therapies such as PRP injections, Alpha-2 Macroglobulin injections, and Exosome injections. Regenerative therapies are rapidly expanding the treatment options for arthritis, chronic tendon injuries, and muscle tears.

In order to advance his efforts, he remains a member of the American Academy of Physical Medicine and Rehabilitation, the North American Spine Society, the International Spinal Injection Society, the Ohio Society of Physical Medicine and Rehabilitation, the American Medical Association, and the Ohio State Medical Association.

The doctor is board-certified in physical medicine and rehabilitation by the American Board of Physical Medicine & Rehabilitation (ABPMR). The ABPMR was established in 1947 as the certifying body for the field of physical medicine and rehabilitation under the American Board of Medical Specialties. The Board certifies both allopathic and osteopathic physicians.

A proud graduate of the University of Notre Dame for his undergraduate education, Dr. Fitz went on to complete his medical degree at The Ohio State University College of Medicine. This was followed by a residency in physical medicine and rehabilitation at The Ohio State University in Columbus.

Among his professional distinctions, he has served as a Consultant to the Ohio Police & Fire Pension Fund for Disability Determinations, a Consultant to the State Teachers Retirement System of Ohio for Disability Determinations, a Consultant to the Public Employees Retirement System of Ohio for Disability Determinations, and a Consultant to the Ohio Bureau of Workers’ Compensation for Impairment Determinations.

Physical medicine and rehabilitation, also known as physiatry, is a branch of medicine that aims to enhance and restore functional ability and quality of life to people with physical impairments or disabilities. Physiatrists treat a wide variety of medical conditions affecting the brain, spinal cord,

nerves, bones, joints, ligaments, muscles, and tendons.

Learn More about Dr. William R. Fitz:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1767934-William-Fitz-Physiatrist-Physical-Medicine> or through Orthopedic ONE, <https://www.orthopedicone.com/our-physicians/william-fitz>

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