## Sarah L. Fishman, MD, PhD, an Endocrinologist in private practice

Get to know Endocrinologist Dr. Sarah L. Fishman, who serves patients in New York City, New York.



**New York City, Mar 19, 2020 (Issuewire.com)** - Dr. Fishman's intelligence, compassion, and individualized care plans make her one of Manhattan's most sought after doctors. Specializing in endocrinology, she tends to patients at her private practice in New York City, New York. She is personally involved in every aspect of the practice, from scheduling to follow up test results, making sure

that each patient's medical care and experience exceed their expectations. Dr. Fishman's practice philosophy gives the patients the tools and resources they need to take an active role in improving their well-being and guides them towards independent healthy living.

The doctor is also affiliated with Lenox Hill Hospital and Mount Sinai Health System. She works closely with cardiologists, bariatric surgeons, primary care doctors, and gynecologists in order to make sure that each patient receives personalized and coordinated care.

Serving as a mentor and teacher to medical students and residents, Dr. Fishman holds the role of Assistant Clinical Professor within the Division of Endocrinology, Diabetes and Bone Disease at the Icahn School of Medicine at Mount Sinai.

An expert in diabetes management, medical weight loss, thyroid disorders, osteoporosis, and other endocrine and hormonal disorders, she is involved in clinical trials and research studies to further advance the field of endocrinology. She has also authored over a dozen published research reports and textbook chapters.

After graduating with her Doctorate (PhD) degree and her medical degree from the Icahn School of Medicine at Mount Sinai in 2009 and 2013, respectively, Dr. Fishman went on to complete her residency in internal medicine at North Shore-Long Island Jewish Health System. This was followed by a fellowship in endocrinology at Lenox Hill Hospital.

A member of the American Association of Clinical Endocrinologists and the Endocrine Society, the doctor is board-certified in internal medicine and endocrinology, diabetes & metabolism by the American Board of Internal Medicine, a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Endocrinology is a branch of biology and medicine dealing with the endocrine system, its diseases, and its specific secretions known as hormones. Endocrinologists have the training to diagnose and treat hormone imbalances and problems by helping to restore the normal balance of hormones in the body. The common diseases and disorders of the endocrine system that endocrinologists deal with include diabetes mellitus, as well as adrenal, pituitary, and thyroid disorders, among others.

On a more personal note, Dr. Fishman enjoys leading an active life outside the office, keeping up with her four children, traveling, and volunteering in her community.

## Learn more about Dr. Sarah L. Fishman:

Through her findatopdoc profile,

https://www.findatopdoc.com/doctor/82217487-Sarah-Fishman-Endocrinology-Diabetes or through her private practice, https://www.premierendocrine.com/

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