New York State Psychologist Takes Lead In Helping Contain The Corona Virus Thru Virtual Online Visits

All psychotherapy clients to be seen virtually to minimize risk of cross patient exposure. Online support group for Covid-19 issues also being formed.

Liberty, Mar 12, 2020 (Issuewire.com) - Dr. Robert Nussbaum Ph.D, Director of Solutions For Health, a leading mental health practice serving New York State, announced today that due to the just announced Covid-19 global pandemic and the widening spread of the Covid-19 virus and the disruptive threat it poses in New York State and the New York City metropolitan area, **going forward, all psychotherapy and mental health services provided by their office will be exclusively provided through their HIPAA compliant online virtual videoconferencing office in order to prevent cross patient infection, and to protect the safety of patients, their family and their children and that of the wider community.** He stated that "thru our online virtual office through we can provide the same high quality psychotherapy throughout New York City and New York State that we have provided thru our brick and mortar office locations **without creating additional risk to our patients and their loved ones through cross patient infection and patients having to leave their home just to attend appointments". He indicated that these services include visits for psychotherapy, couples therapy and therapy for children. Plans are also being made to provide online an online support group for those particularly impacted by the corona virus.**

Dr. Nussbaum stated he has taken this action in view of the fact that New York State has the highest number of corona virus cases in the entire country and that number is rapidly increasing. He stated that "With the increasing threat of exposure to the corona virus in New York State thru unnecessary travel to brick and mortar offices and infection thru close contact with other patients in those offices, **we have found that conversion of our present patients and future clients to our online office for the foreseeable future, is the best way we have to protect the safety of our patients, their family and children, and the wider community from unnecessary exposure risk and help minimize the impact of the virus on the New York state community". He also indicated that by taking this action, he will be able to offer services and his over 30 years experience in the mental health field to clients throughout New York City and New York State where appropriate, without them incurring travel or exposure risk.**

Dr Nussbaum also indicated that many times, patients health insurance will cover most of the cost of their services. He indicated that if yours does not, he would encourage you to give them a call and point out to them the need for exception coverage or a change in policy so as to cover telemental health services, in order to minimize the health risk to their insured. He also indicated that in the event that a client cannot obtain such coverage, his practice also accepts Visa and Mastercard as well.

Dr Nussbaum stated that "At my practice, Solutions For Health, clients are assured of the same quality experienced care whether through the safety of my videoconferencing virtual online office or in person". **He also stated that "We recommend that potential clients strongly consider the government's recommendation that they and other healthcare providers make use of virtual visits to protect the safety of both themselves and others in the community given the contagious nature of the Covid-19 virus. Our virtual visits are safe, private, and confidential". Dr. Nussbaum also said** that "Clients are also advised not to trust their problems to unlicensed psychotherapists with dubious experience, especially ones that are not using a secure HIPAA compliant online office like the one that we utilize in our practice".

Services Dr. Nussbaum Ph.d provides at Solutions For Health include individual psychotherapy, couples and relationship psychotherapy, child psychotherapy, and help adjusting to life's difficulties including the impact of the Covid-19 virus on the lives of clients and their families.

Dr Nussbaum stated “Feel free to contact me with any questions or concerns that you may have”. **He indicated that all future clients are invited to take a free tour of his online office to acquaint themselves with how it operates and to feel comfortable with the technology involved.** You can visit their virtual office at any time at https://www.doxy.me/thetopdoc. For an appointment simply contact Dr. Robert Nussbaum Ph.D, Solutions For Health at 845 787 3014 or email to: appointments@affordablepsychotherapy.net. For more information about their practice you can visit https://affordablepsychotherapy.net.

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