

Khutb M. Uddin, MD, PhD, a Director of Star Psychiatric Services

Get to know Psychiatrist Dr. Khutb M. Uddin, who serves patients in South Bend, Indiana.



New York City, Mar 14, 2020 (Issuewire.com) - Dr. Uddin is an eminent psychiatrist who is interested in a wide spectrum of behavioral and medical psychiatric services, including general psychiatry, child and adolescent psychiatry, juvenile psychiatry, family psychiatry, psychopharmacology, geriatric psychiatry, and drug abuse and addiction rehabilitation. He is the Director of Star Psychiatric Services in South Bend, Indiana. He is also affiliated with Memorial Hospital of South Bend and serves as an

Assistant Professor at Ibn Haldun University in Turkey.

Dr. Uddin uses a combination of methodologies including but not limited to Eastern philosophy, meditation, in addition to cognitive behavioral approaches. He weaves academic knowledge and spiritual wisdom with the clinical skills required to approach mental health challenges. He is also a proponent of Islamic psychiatry and psychology with regards to modern medicine.

Back in 1979, he earned his medical degree from Osmania University in India. Upon relocating to the United States, he completed his medical degree, his residency in psychiatry, and his fellowship in child and adolescent psychiatry at the University of Missouri in Columbia. He later attained a specialization in addiction psychiatry after observing the growing population of adults being challenged by various addictive behaviors. In 2004, he earned his Doctorate degree in Islamic Studies and Western Medicine from The Graduate Theological Foundation, an affiliate of Oxford University.

A sought after speaker, Dr. Uddin is often invited to address the current psychological and social issues of Muslims, in particular American Muslims. He has worked extensively to motivate and inspire youth leadership in both the United States and India, and has a wide range of medical and spiritual training which informs his dynamic, multidimensional approach to medicine, psychology, and spiritual health.

To date, he belongs to many professional organizations, including the American Psychiatric Association, the American Academy of Child and Adolescent Psychiatry, the American College of Addiction Psychiatry, the Islamic Medical Association of North America, the International Islamic Institute of Medicine, the American Association of Physicians from India, the Association of Pakistani Physicians of North America, the National Association of Mental Illness, Doctors without Borders, the Indian Medical Association of Hyderabad, and the American Federation of Muslims of India (where he serves as President).

Dr. Uddin attributes his success to his grandmother who was also a physician. She inspired him to live life with passion and to do good for one another- that is the mission he has carried throughout his life.

Outside of practicing psychiatry, Dr. Uddin enjoys writing poetry. His favorite poet is Rumi and one of his favorite Rumi quotes is “Service to man is Service to God.” He also enjoys fishing, playing tennis, hiking, and being outdoors. His favorite place to vacation in is Colorado. His favorite professional publication is JAMA Psychiatry. In addition to English, he speaks Spanish, Hindi, Urdu, and Telugu.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Learn More about Dr. Khutb M. Uddin:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3635992-Khutb-Uddin-Psychiatrist> or through Ibn Haldun University, <https://akademik.ihu.edu.tr/khutb-mohammed-uddin-en/>

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