

Fortel Latest Announcement ! Sat Nijjer, Fortel Owner is asking all Fortel Staff to stay Safe from Coronavirus

Fortel is working in the direction of excellence for a very long time, probably from the time they have established their setup in the UK.



CORONAVIRUS TOOLBOX TALK

THE NEW

CORONAVIRUS COVID 19

Respiratory Syndrome from Wuhan, China

WHAT IS IT?



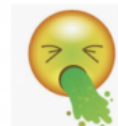
Corona is a large group of viruses which can infect both humans and animals with cold-related diseases. The intensity of the infections ranges from common cold to acute respiratory syndromes.

However, the new strain of Coronavirus, called 2019-nCoV is a new virus to humans. So, the information related to the disease, including symptoms and means of treatment is limited.

WHAT ARE THE STMPOTMS OF THE VIRUS?



Fever



Vomiting



Coughing



Shortness breath



Pneumonia



Diarrhoea



Kidney Failure

IS THERE A TREATMENT OR A VACCINE?

There is currently no treatment beyond supportive medical care to relieve symptoms.

Check if you need medical help, NHS 111 has an online coronavirus service that can tell you if you need medical help and advise you what to do.

Information: Do not go to a GP surgery, pharmacy or hospital. Call 111 if you need to speak to someone.

HOW DOES THE VIRUS TRANSMIT?



Direct contact



Droplets from coughing and sneezing



Contact with belongings i.e PPE

HOW CAN I PROTECT MYSELF FROM THE CORONAVIRUS?



Wash your hands frequently.



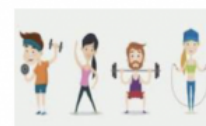
Use tissues when coughing & blowing your nose.



Maintain good hygiene habits.



Wash and prepare food carefully.



Exercise and sleep will bolster the immune system

West Midlands, Mar 11, 2020 ([Issuewire.com](https://www.Issuewire.com)) - As the owner of [Fortel](#), I would like to share basic information about coronavirus. We all know that it is a lethal virus that has become an epidemic for the whole world. This article is designed by keeping in mind [Fortel](#) security guards, **Fortel** labourers and **Fortel** Gateman, and other such workers who might not know much about this virus. For them to understand the serious nature of this problem, and the measures they should take to avoid getting are mentioned in detail below.

"Carefulness costs you nothing. Carelessness may cost you your life." - [Sat Nijjer](#), Owner of **Fortel**

Well, [coronavirus](#) is a class of viruses that attack the respiratory attack of human beings. Mostly, it attacks cats, birds, and bats. But the reason why it is infecting human beings is that they are consuming or eating these animals in many parts of the world. The spiky fringes that this virus creates around itself are the main cause of blockage in the berating track which they stop working as the virus starts to grow in number. Ultimately, it becomes the cause of death for the person infected with it. We want you all to stay safe at **Fortel**.

[Fortel](#) Owner, [Sat Nijjer](#) said that the symptoms of coronavirus are very obvious, and if you already know then it will be very easy for you to just identify it. Here is the list of all those symptoms people should know at **Fortel**.

- Its earlier symptoms look like a regular cold in which flue is common. So, even if the flue is irritating your throat, get the checkup done.
- The situation can turn into severe pneumonia and is almost about 60 percent of the cases this stage comes very quickly after the first one.
- It is no less dangerous than SARS and MERS, but the symptoms look mild compared to them. Therefore, even if you feel doubtful about it, get the checkup done immediately.

As per **Fortel** Owner, **Sat Nijjer** key things which you can simply adopt in your daily routine can help you stay away from coronavirus are as follows as we want everyone healthy at **Fortel**:

- Wash your hands at least 3 to 4 times a day, and try to keep a distance from any person who is suffering from this virus.
- If you get the virus, or maybe you are just doubtful about it, make sure you stay inside your home and reduce your contact with people around you.
- Face mask would not help you a lot, therefore, try to avoid the incidences that can lead to this problem. Unless you don't have it, it is fine to stay without a mask.
- Try to stock up your home with daily use-able things, and make sure you have enough stock of medicines too.

"The safety of the people who work for us shall be the highest priority." - **Sat Nijjer**, **Fortel** Owner

Well, I am sure that the information given above must have helped you learn about coronavirus and what you can do to stay away from it. On behalf of **Fortel**, It is a matter of your life, so do not take it lightly in any way. Unless or until this emergency is not resolved, keep yourself restricted from going out without any serious need.

For more information or inquiry, visit www.fortel.co.uk or send a direct mail to enquiries@fortel.co.uk.



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Source : Fortel

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