Erik Brace, DC, a Chiropractor with Embrace Life Chiropractic

Get to know Chiropractor Dr. Erik Brace, who serves patients in Rochester Hills, Michigan.



New York City, Mar 16, 2020 (Issuewire.com**)** - Dr. Brace, a chiropractor, is the Founder of Embrace Life Chiropractic in Rochester Hills, Michigan. Aside from being a play on his last name, Embrace Life

sums up the doctor's philosophy of what chiropractic can do for a community. His goal is "to help men, women, children, and infants truly embrace all of the joys this life has to offer."

Growing up in Metro Detroit, Dr. Brace has had a passion for chiropractic since childhood when he would watch what his uncle, the late Dr. Joe Brace, was doing for the health and wellness of Wayne County. After graduating from Central Michigan University with a Bachelor of Science (BS) degree, he knew there was only one path to consider - chiropractic.

He enrolled at Palmer College of Chiropractic in Davenport, Iowa, eventually earning his Doctor of Chiropractic (DC) degree. While in school, he discovered an interesting adjusting technique called Torque Release Technique. This technique uses a small, hand-held instrument called an integrator, which delivers a gentle, specific, and safe adjustment. Dr. Brace is one of only five chiropractors in Michigan who are trained and certified to use this cutting-edge technique.

After much deliberation and a whole lot of praying, he decided that Rochester Hills would be the place that he would lay down roots and open his family-based practice, Embrace Life Chiropractic. Taking a proactive, wellness stance towards health, he seeks to prevent illness and pain, as opposed to merely treating symptoms. His mission is to truly help his patients thrive, not just survive.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain and back pain. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself without the use of medication or surgery.

Outside of the office, Dr. Brace enjoys spending time outdoors with his wife, Audrey, and two dogs. Together, they enjoy camping, hiking, fishing, and enjoying all the Lord has to offer. And, when the season comes around, they are huge football fans (Go Lions!)

Learn More about Dr. Erik Brace:

Through his findatopdoc profile, https://www.findatopdoc.com/doctor/1575394-Erik-Brace-Chiropractor or through Embrace Life Chiropractic, https://www.embracelifechiropractic.com/us/

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