

Donna M. La Flamme, PhD, a Licensed Clinical Psychologist in Private Practice

Get to know Licensed Clinical Psychologist Dr. Donna M. La Flamme, who serves patients in Jupiter, Florida.



New York City, Mar 10, 2020 ([IssueWire.com](https://www.issuewire.com)) - Dr. La Flamme is a caring and skilled clinical psychologist who offers general therapy, depression therapy, anxiety therapy, marriage counseling, couples counseling, LGBTQ counseling, and grief counseling at her private practice in Jupiter, Florida. In practice since 1998, her approach to helping patients grow and learn is based on a deep attention to detail. She customizes a treatment plan to address the unique things that each patient is dealing with, with an aim to help them cope with transitioning into a new stage of life or embracing their personal identity.

“We want to help you see that life can be an authentic and fulfilling adventure. Our office is a place in which you can explore the roots of your emotions without fear or distractions. You’ll be encouraged to overcome the things, people, and situations that are preventing you from attaining peace. We’ll work hard to make sure you’re satisfied and comfortable.” as stated on her website.

In addition to emphasizing stress management and pain management with a chronic illness population, Dr. La Flamme has worked with various chronic illness groups, including diabetics, cardiac patients, gastroenterology patients, cancer patients, and patients with multiple sclerosis. She has had privileges at the Palm Beach Gardens Medical Center and Jupiter Medical Center since 1997, as well as has worked professionally with disabled people for four years as a vocational rehabilitation counselor.

When asked why she chose to specialize in rehabilitation psychology, she noted that she has been a chronic pain patient since an industrial accident in 1985 left her with severe back injuries. Today, after a long physical rehabilitation, she is 95% healed. “I have a rare perspective in my field because I have been a vocational rehabilitation counselor, a clinical rehabilitation psychologist, and a long-term chronic pain patient. This perspective enables me to make a unique and valuable contribution to clinical psychology” as stated by the doctor.

With an unwavering commitment to her specialty, Dr. La Flamme holds a Doctor of Philosophy degree in Clinical Psychology from California Institute of Integral Studies in San Francisco. She also holds a Bachelor of Science degree in Psychology from Fordham University and a Master of Science degree in Social Psychology from Yale University.

For the purpose of staying up to date in her field, she remains a member of the Florida Psychological Association and the American Psychological Association.

Clinical psychology is a broad branch of psychology that focuses on diagnosing and treating mental, emotional, and behavioral disorders. Some of the more common disorders that might be treated include depression and anxiety. Clinical psychologists meet with patients to identify problems, emotional, mental, and behavioral, in their lives. Through observation and interviews, the psychologist will diagnose any existing or potential disorders. Then, together with the patient, they formulate a program of treatment according to the patient’s needs.

Attributing her success to empathy, Dr. La Flamme’s favorite place to vacation in Florida. Her favorite professional publication is the American Psychological Association - Monitor on Psychology.

Outside of the office, she enjoys watching movies and listening to music.

Learn More about Dr. Donna M. La Flamme:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/2926517-Donna-La-Flamme-Psychologist> or through her private

practice, https://www.jupiterclinicalpsychology.com/about_donna.html

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Donna M. La Flamme, PhD

[See on IssueWire](#)