D.C. Integrative Medicine Center Expands Services to Include Treatments for Hashimoto's Hypothyroidism

In response to patient demand, and capitalizing on existing expertise, DCIM incorporates treatment for Hashimoto's Hypothyroidism and other thyroid autoimmune disorders into its Washington D.C. integrative and functional medicine offering.



District of Columbia, Mar 11, 2020 (Issuewire.com) - District Center for Integrative Medicine, a Washington D.C. integrative and functional medicine practice, is expanding its core integrative and functional medicine offerings to include holistic treatments to treat Hashimoto's Hypothyroidism (Hashimoto's) and other thyroid autoimmune disorders. Treatment begins with a deeply individualized inquiry into the patient's symptoms and medical history, followed by advanced diagnostic testing. These tests include ones specifically designed to detect indicators of Hashimoto's and other thyroid disorders called "autoantibodies."

"*We have noticed several of our patients exhibiting symptoms related to* Hashimoto's Hypothyroidism *and other* thyroid disorders*,*" says Dr. Anjali Dsouza, a functional medicine doctor in Washington DC and the founder of DCIM. "*Subsequent testing revealed that much of the patient's significant discomfort is related to an undiagnosed condition: thyroid disorders including Hashimoto's. Consequently, we've decided to incorporate questionnaires targeting these diseases and developed testing and treatment protocols to address. The results, as reported by our patients, have been incredibly encouraging.*"

DCIM's Washington DC integrative medicine doctors are particularly well suited to develop treatments for these patients, and DCIM's holistic medicine approach empowers its doctors to detect these diseases and look into the root causes. Related symptoms uncovered as a result of DCIM's 90-minute appointments include fatigue, cold intolerance, weight gain, constipation, hair loss, dry skin, muscle aches, and menstrual irregularities. Depending on indications, treatment may include developing an individually tailored health and diet plan, a supplement regime, and, if necessary, thyroid replacement hormone therapy.

Patients who believe they may have a thyroid disorder or those who experience the symptoms mentioned above should contact DCIM to book an appointment. To learn more about DCIM and its approach to medicine, please visit our website.

Visit District Center for Integrative Medicine
https://dcimedicine.com/

About District Center for Integrative Medicine

The District Center for Integrative Medicine (DCIM), founded and directed by Dr. Anjali Dsouza, heals patients through a deeply individualized and holistic approach to health. We treat individuals with chronic complaints and conditions that persist despite the conventional managed-care model, as well as those looking to achieve the highest level of wellness. By prioritizing the patient-physician relationship, we take the time and resources to understand every aspect of your medical history, as well as nutritional and environmental factors that affect your well-being. Our role is to acknowledge your body's innate capacity to heal and to cultivate it.







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