

Nilesh Mehta, MD, a Gastroenterologist with Digestive Disease Care

Get to know Gastroenterologist Dr. Nilesh Mehta, who serves patients throughout the State of New York.



New York City, Feb 13, 2020 (IssueWire.com) - Dr. Mehta is a board-certified gastroenterologist who practices at Digestive Disease Care with offices throughout the state of New York, including Lake Success, Forest Hills, Hicksville, East Setauket, and Jamaica.

Digestive Disease Care consists of a team of highly-skilled, board-certified digestive specialists who provide high-quality, comprehensive GI care, from the most basic to the most advanced. They deliver thorough, comprehensive, and accurate diagnoses using the latest diagnostic and treatment technology. Their leading-edge procedures include non-invasive endoscopic ultrasound and capsule endoscopy.

“Today, I most enjoy the basic scientific research and clinical trials that will advance not only our knowledge of gastroenterology but the quality and effectiveness of our patient care. I believe in delivering nothing but the best care and service for everyone. Patients need the warmth and comfort of being treated by someone they can trust.” as stated by Dr. Mehta.

In order to stay up to date in his field, he remains a member of the American Society for Gastrointestinal Endoscopy, the American College of Gastroenterology, the American Association for the Study of Liver Diseases, and the Crohn’s & Colitis Foundation of America.

In the early days of his academic career, Dr. Mehta earned his medical degree from the Mahatma Gandhi Memorial Medical College, Indore. Upon relocating to the United States, he went on to complete his internship and residency in internal medicine at Columbia University College of Physicians & Surgeons, Harlem Hospital Center. This was followed by a research fellowship in gastroenterology and hepatology at SUNY Upstate Medical University, and a clinical fellowship in gastroenterology and hepatology at Upstate University Hospital in Syracuse.

“I counted many physicians among my family members when I was young, so I had early exposure to the life of a physician. I was often able to join them at work in the hospital and learn from them. I was extremely fascinated with gastroenterology as a medical student and as a resident in internal medicine. The work of many clinicians and researchers in gastroenterology is a constant source of inspiration to me. It combines an analysis of procedures and medical knowledge that is unique.” as stated by the doctor.

Following his education, he became board-certified in both gastroenterology and hepatology by the American Board of Internal Medicine, a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Gastroenterology is the branch of medicine focused on the digestive system and its disorders. A gastroenterologist is a physician who has extensive training in the diagnosis and treatment of disorders related to the esophagus, stomach, small intestines, colon, liver, pancreas, and biliary system.

In his spare time, Dr. Mehta enjoys playing tennis and ping-pong, spending quality time with his family, and photography.

Learn More about Dr. Nilesh Mehta:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2344760-Nilesh-Mehta-Gastroenterologist> or through Digestive Disease Care, <https://www.digestivediseasecare.com/our-team#Nilesh>

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