

Madelein C. Shafferman, NMD, a Naturopathic Physician in Private Practice and Arizona Natural Medicine

Get to know Naturopathic Physician Dr. Madelein C. Shafferman, who serves patients in Chandler, Arizona.



New York City, Feb 21, 2020 (Issuewire.com) - Dr. Shafferman, a naturopathic physician, is dedicated to treating the whole person and not just their symptoms. She treats both acute and chronic illness, providing expert care for both women and men from children through adulthood and geriatrics. She was selected and completed a highly competitive residency program in family medicine through the Southwest College of Naturopathic Medicine through their integrative medicine clinic and rotations with expert outreach programs and satellite clinics serving children to geriatrics.

At her private practice in Chandler, Arizona, she is passionate about working with each patient on an individual basis in order to provide them with the best care possible. She believes it is vital to educate patients and their families for future generations to improve their health and empower them to take an active role in their healthcare.

“I look forward to hearing about your health journey so together we can identify and treat the cause of your ailment. I want to serve as both your doctor and a resource to answer your questions. Knowing you as an individual will provide me with the information needed to help create a plan tailored to you and your needs so your body can do the rest.” as stated by the doctor.

A member of the Arizona Naturopathic Medical Association and the American Association of Naturopathic Physicians, Dr. Shafferman also sees patients at Arizona Natural Medicine in Chandler. She specializes in acupuncture, community medicine, endocrinology, women’s health, IV nutrient therapy, digestive disorders, mood disorders, and pain management. Additionally, she is trained in treating patients with SIBO and other digestive complaints, MTHFR mutations, bioidentical hormone replacement, Hashimoto’s disease along with other autoimmune diseases. She is also certified in platelet-rich plasma therapy and Micropen treatment.

The path that led Dr. Shafferman to become a naturopathic physician began while she was pursuing her undergraduate degrees and she became ill. She saw 13 different doctors over a 6-month period. None could provide her with any answers to explain her symptoms. Finally, she went to an integrative doctor who changed her entire world. He had her feeling better within a few short weeks and she was able to resume her studies.

Then and there, she knew that she had to find something else because going into a standard medical school was not enough for her. Luckily, she found naturopathic medicine and earned her Doctorate of Naturopathic Medicine (NMD) degree from Southwest College of Naturopathic Medicine and Health Sciences in Tempe, Arizona.

The practice of naturopathic medicine includes modern and traditional, scientific, and empirical methods. Naturopathic medicine is a distinct primary health care profession, emphasizing prevention, treatment, and optimal health through the use of therapeutic methods and substances that encourage individuals’ inherent self-healing process. Naturopathic physicians diagnose, prevent, and treat acute and chronic illnesses to restore and establish optimal health.

When she is not delving deep into her patient’s history to find the root cause of symptoms, Dr. Shafferman spends her free time exploring the depths of nature. She loves hiking, camping, rock climbing, and finding small-town treasures across the country.

Learn More about Dr. Madelein C. Shafferman:

Through her findatopdoc profile, through her private practice, <https://www.findatopdoc.com/doctor/82030993-Madelein-Shafferman-Family-Practitioner> or through Arizona Natural Medicine, <https://www.aznaturalmedicine.com/team/dr-madelein-shafferman-n-m-d/> or through her website <https://www.drshafferman.com/>

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