

Jessica Reeder Ayala, RN, Best Advanced Aesthetics Registered Nurse In Longmont At Rewind Med Spa

Get to know Registered Nurse, Jessica Reeder Ayala, who serves patients in Longmont, Colorado and all surrounding areas. She will also travel to you.



JESSICA REEDER AYALA

WORD
Swag

New York City, Feb 3, 2020 (IssueWire.com) - Born in Iowa, Jessica is an outstanding, board-certified registered nurse with an eye for aesthetics. She runs Rewind Med Spa in Longmont, Colorado, where she provides services such as Kybella, treatment for double chin and bra fat. As well as Botox treatments for excessively sweaty armpit, horizontal forehead lines, droopy eyebrows, frown lines between brows, crow's feet around the eyes, bunny lines to bridge of nose, lip lines, gummy smiles, TMJ, migraines, chin dimpling, nose lift/drop, breast lift, and crepey skin to neck and chest. She also performs HCG injections and Lipolean injections for weight loss, Latisse for naturally long lashes, and uses the Monat hair and skin line which is clinically proven hair growth for men and women and repair of skin, alleviating rosacea, sun spots, large pores.

She has expertise in performing micro-needling and skin peels for the treatment of acne scars, discolored skin, uneven texture, and increasing your body's own collagen. She can help you refuel and de-stress with special IV fluids, increase energy with vitamin B12 and D3 injections. IV Fluids can be used for bachelor parties, bachelorette parties, altitude sickness for sea level guests, and immunity boost for all (we don't want to be sick for the wedding!). She also offers Dermal Filler for deep lines and wrinkles, enhances lips, creating fuller earlobes, and cheeks and dermaplaning to remove dead skin cells and baby hairs.

"Our goal is to work with each individual to turn back the hands of time. We strive for a natural-looking result while making a noticeable difference. We take pride in our work and patients' satisfaction. We specialize in enhancing your natural beauty at each visit with minimally invasive non-surgical procedures. Customizing your treatments according to your skin type, age, vision, and budget" as stated by Jessica.

All throughout high school, Jessica wanted to be a receptionist. She began working in family practice in rural Iowa at the age of 17 and after 5 years, she realized that she needed to attend college. At the time, her mother was on dialysis and although Jessica could not stand the sight of blood, she loved the relationship her mother had with the nurses. In 2003, she earned her nursing degree from Iowa Valley Community College.

Fast forward to today, she has over two decades of experience in the medical field. She transitioned as a travel nurse in California before settling in Colorado, where she has held various positions, including collaborative legal nursing consultant at Rocky Mountain Poison Control (2011-2012), and staff member within the Telephonic Nursing and Family Practice at Kaiser Permanente (2013-2018), among others.

"I strive to make a positive influence on the world one day at a time. Each day, I set a goal and don't stop until I have achieved it. The goal may be small, the goal maybe just a small portion of a much larger goal. I want my children to look up to me. I also want them to be able to look back on when I am long gone and say 'mom was a wonderful mother, wife, nurse, and person.'" as stated by Jessica.

For the purpose of staying up to date in her field, she remains a member of the American Nurses Association, the Colorado Nurses Association, and the American Academy of Ambulatory Care Nursing. She also holds certifications in Advanced Cardiac Life Support, Basic Life Support, and IV Therapy.

Among her research interests, Jessica has assisted in the improvement of medical technology and machinery. She has completed several research projects in the Denver/Boulder area, using her knowledge and prior use of devices to implement new and improved tools.

An advocate for humanitarianism, Jessica aims to anyone that she can either physically, financially, or emotionally. Her recent volunteer endeavors include: distributing food to the homeless numerous times

at Impact Locally in Denver, bringing and making food boxes with co-workers to feed those at Kaiser Permanente who are not food stable, assisting Mead Elementary/Middle/High School with school activities and sports programs, donating dozens of coats to homeless Veterans, assisting the Saint Vrain Valley School District with nursing needs within the sports programs, donating time and energy at the KP United Way of Larimer County - the Garden of Lights Expo in Fort Collins sponsored by KP, "A Precious Child" campaign, donating and administering IV fluids and vitamin B12 injections at the 2019 Roger's Grove Trail Half Marathon and 10K / the 2019 Venus De Miles Event in Longmont, as well as organizing, cooking, and delivering 70+ meals to the Longmont Community Treatment Center. She makes every effort to bring her family to these events and strives to ensure that there is a continued growth in humanitarianism for generations to come.

A registered nurse (RN) is a nurse who has graduated from a nursing program and met the requirements outlined by a country, state, province or similar licensing body to obtain a nursing license. RNs fulfill a variety of job duties. In addition to their primary role in treating and caring for patients, their responsibilities also include educating patients and the public about a variety of medical conditions, as well as providing emotional support and advice to the families of their patients. Other RN job functions include leadership, research, performing diagnostic tests and analyzing results, operating medical equipment, administering medications, recording patients' symptoms and medical histories, and assisting with patient rehabilitation and follow-up.

Jessica feels that her success attributable to her parents, who were kind, compassionate, and hardworking individuals, teaching her and her siblings by example. "Over the years, I have learned that listening is key, whether it is verbal, body language, posture, gestures, facial expressions, vital, labs, etc. I also educate my patients in a way they can understand because I believe knowledge is power. I'm not afraid to listen to my intuition and stand up for my patients when they are unable to do so for themselves. I attempt to treat everyone as I would my loved ones. I believe the combination of all of these put into place makes a huge difference in outcomes and the quality of patients' lives" she stated.

Jessica is a mother to two young men and a fur mama to her golden retriever. Her favorite place to vacation is the Island of Roatan, Honduras. Her favorite medical publication is the American Journal of Preventive Medicine. Her favorite movie is Men of Honor, starring Robert De Niro and Cuba Gooding, she loves movies based on true stories.

Outside of the office, Jessica's hobbies include decorating, crafting, participating in all water sports, and photography. She enjoys listening to Coolio and every time she hears Gangster's Paradise, she pictures herself in rural Iowa driving along in her blue Corsica in 1995.

"Traveling and experiencing different cultures is by far the most satisfying past time for me. I have been to almost all of the 50 states in the US. I have also had the fortune to travel to the Bahamas, El Salvador, Honduras, Guatemala, and Mexico. I want to continue my travels and see the world." she stated.

Learn More About Jessica Reeder Ayala:

Through her online profile, <https://todaysnurse.org/network/index.php?do=/4144630/info/> or through Rewind Med Spa, <https://www.rewindthehandsoftime.com/>

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