## Dr. Pauline Elizabeth Wallner announces a Second Book in the Rising Stronger Series $^{\text{TM}}$

Rising Stronger Series: Loving and Essential Paths to Healing After Losing a Child



Dr. Pauline E. Wallner (Nee: Nooks)

## Rising Stronger

Living, Loving, and Leading From a Seat of Gratitude Atlanta, Feb 28, 2020 (Issuewire.com) - pwallner@nmwbglobal.com

NMWB Global Management Services, LLC and managing director, <u>Dr. Pauline E. Wallner</u>, <u>D.M., MBA</u> announce the release of a second book in the Rising Stronger Series™

- The first book titled, Rising Stronger: Living, Loving, and Leading From a Seat of Gratitude was released in February 2019. The key theme of the book is "Gratitude is the New Attitude"--a rich mindset written in a memoir which started in the "Ghetto" of Kingston, Jamaica, expanding into many countries around the world. It is about finding ways to deal with life's unforeseen challenges, inevitable changes, and refusing to give up even when everything seems dire. Don't give up, don't give in! Keep Rising Stronger!
- The second book in the series is titled, Rising Stronger Series™: Loving and Essential Paths to Healing After Losing a Child. This book is a collaborative effort with eight coauthors and contributors sharing their stories of loss, grief, and healing. It is about the time when life stood still, and they were informed that yet another child was taken from them prematurely. There is no one standard for dealing with grief. The stories illustrate that although grief never ends, the way people choose to live after losing a loved one can make a significant difference in their quality of life. Net proceeds from book sales of the second book will be used for not-for-profit ventures.



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