

Douglas Schottenstein, MD, a Pain Management Specialist with NY Spine Medicine

Get to know Pain Management Specialist Dr. Douglas Schottenstein, who serves patients in New York, New York.



New York City, Feb 27, 2020 ([IssueWire.com](https://www.issuewire.com)) - Dr. Schottenstein is one of only 200 physicians in the nation who is double board-certified in neurology and interventional pain management. He opened his own private practice in New York City, NY Spine Medicine so that he could deliver the highest quality of care in an advanced, self-contained center.

He and his expert staff at NY Spine Medicine treat patients suffering from a variety of acute and chronic painful conditions. The doctor performs a variety of diagnostic and therapeutic procedures and surgeries, including epidurals, transforaminal nerve blocks, sympathetic blocks, facet and sacroiliac joint injections, radiofrequency lesioning, provocative discography, annuloplasty, nucleoplasty, spinal cord stimulation, and intrathecal pumps.

In addition to leading NY Spine Medicine, Dr. Schottenstein is an attending physician at New York-Presbyterian affiliated hospitals, the top-rated hospital system in the region. He is a highly active member of the American Academy of Neurology, the American Society of Anesthesiology, the American Society of Regional Anesthesia, the International Spine Intervention Society, and the American Society of Interventional Pain Physicians.

After earning his medical degree from the Ohio State University College of Medicine, he went on to complete his interventional pain management training at Columbia University/ New York-Presbyterian Hospital, rated one of the top five hospitals in the nation. Thereafter, he completed his residency in neurology at Emory University, the highest-ranked department in the South and one of the leading programs in the nation.

Named to the prestigious Top Doctors List compiled by New York Magazine and Castle Connolly, Dr. Schottenstein is board-certified in both neurology and interventional pain management by the American Board of Psychiatry and Neurology, a not-for-profit corporation dedicated to promoting high-quality patient care for the public through the initial and continuing certification of psychiatrists and neurologists.

Pain management is a branch of medicine employing an interdisciplinary approach for easing the suffering and improving the quality of life of those living with chronic pain. A pain management specialist is a doctor who specializes in pain medicine, focusing on the evaluation, treatment, and prevention of pain.

Learn More about Dr. Douglas Schottenstein:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2831839-Douglas-Schottenstein-Pain-Management-Specialist> or through NY Spine Medicine, <http://www.nyspinemedicine.com/who-we-are/>

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