

Ashley Frantz, PhD, a Psychologist

Get to know Psychologist Dr. Ashley Frantz, who serves patients in Virginia Beach, Virginia.



New York City, Feb 26, 2020 ([IssueWire.com](https://www.issuewire.com)) - As a licensed psychologist, Dr. Frantz is passionate about reducing psychological and medication mishaps. She loves helping those who need help and tends to go out of her way to help those around her whenever possible.

“Everyone has the potential to be a better person and learn to enhance their personal strengths. Whether you are looking for verification, answers, or just a listening ear, I am here for you” as stated by the doctor. She works with adults and children, dealing primarily with anxiety, depression, trauma, and military issues. She uses a variety of treatment methods, including DBT, CBT, art therapy, and animal therapy to best serve the patient and help them by treating the source of the issue, not just the symptoms.

In addition to various therapy techniques, Dr. Frantz provides comprehensive psychological assessments to evaluate various difficulties. She does her best to provide the most comprehensive, accurate, and reliable work.

With an unwavering commitment to her specialty, she holds a Doctor of Philosophy (PhD) degree in Clinical Psychology from Walden University in Minneapolis, Minnesota. She is a member of the Golden Key International Honour Society, the American Psychological Association, and the American Psychological Law Society.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases and improving patients' quality of life.

Learn More about Dr. Ashley Frantz:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/82736334-Ashley-Frantz-Psychologist>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Ashley Frantz, PhD

[See on IssueWire](#)