

Anand Balasubramanian, MD, an Internist & Geriatrician with Houston Northwest Primary Care

Get to know Internist & Geriatrician Dr. Anand Balasubramanian, who serves patients in Houston, Texas.



New York City, Feb 3, 2020 ([Issuewire.com](http://www.Issuewire.com)) - Dr. Balasubramanian is an established, board-certified

internist and geriatrician who attributes his success to working hard and being straightforward. He practices in his community and uses his advanced clinical practice skills in the care of complex geriatric patients in his primary practice - Houston Northwest Primary Care in Houston, Texas. In addition, he visits local nursing homes and assisted living facilities to service the area's aging population.

Houston Northwest Primary Care follows the standard of care and guidelines for primary care medicine and strives to improve healthcare in the community. The practice is equipped with the latest and most advanced technology to diagnose and treat medical conditions. The staff focus on primary care, internal medicine, and preventive medicine, as well as provide complete care from acute care hospitals to outpatient services, including assisted living, nursing home, and long-term care.

As an expert in internal medicine and geriatrics, the doctor is affiliated with several hospitals and medical centers in the Houston area, including Houston Northwest Medical Center, Houston Methodist Willowbrook Hospital, St. Luke's Hospital - The Vintage Hospital, Cypress Fairbanks Medical Center, Kindred Hospital-Houston Northwest, Baylor St. Luke's Medical Center, United Memorial Medical Care, and HealthSouth Hospital of Houston.

Dr. Balasubramanian became involved in his profession because he had an interest and passion to provide health care to seniors and patients with compassion and respect. He earned his medical degree from Thanjavur Medical College in India. He then relocated to Peterborough, United Kingdom, north of London, where he served as Senior Medical House Officer in Internal Medicine and Geriatrics for the prestigious Peterborough District Hospital. Upon relocating to the United States, he completed his residency in internal medicine at NYC Health + Hospitals/Coney Island in New York City, New York in 2003.

Recognized for showing dedication, leadership, and excellence in his field, he is board-certified in internal medicine by the American Board of Internal Medicine, which is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world. He is also a member of the American College of Physicians and the Harris County Medical Association.

Internal medicine or general medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

Geriatrics, or geriatric medicine, is a specialty that focuses on health care of elderly people. It aims to promote health by preventing and treating diseases and disabilities in older adults. A geriatrician is a health care provider who focuses on patient well-being and independent functioning. These allopathic or osteopathic health care providers are specifically trained to evaluate and manage the unique health care needs and special treatment requirements of older people.

Outside of the office, Dr. Balasubramanian enjoys traveling and spending time with family. His favorite professional publication is the American Journal of Internal Medicine.

Learn More about Dr. Anand Balasubramanian:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/8123490-Anand-Balasubramanian-internist-Houston-Texas-77090> or through Houston Northwest Primary Care, <http://www.hnwprimarycare.com/dr/bala.php>

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