

Karen Dias-Martin, MD, FACOG, an Obstetrician-Gynecologist with Summit Medical Group

Get to know Obstetrician-Gynecologist Dr. Karen Dias-Martin, who serves patients in Glen Ridge, New Jersey.



obstetrician-gynecologist, Dr. Dias-Martin specializes in gynecology, adolescent gynecology, menopause management, and minimally invasive gynecologic plastic surgery. With over two decades of experience, she practices at Summit Medical Group in Glen Ridge, New Jersey, as well as remains affiliated with Hackensack Meridian Health Mountainside Medical Center & Saint Barnabas Medical Center.

In her professional experience, she has served as an Adjunct Professor of Obstetrics and Gynecology at the New England College of Osteopathic Medicine, and as the Director of the Division of Obstetrics and Gynecology at Mountainside Hospital for over 7 years. She is also a former member of the Montclair Kimberley Academy Board of Trustees, Planned Parenthood of Montclair Board of Trustees, and the American Red Cross of Montclair Board of Trustees.

The doctor's acclaimed career in medicine began in 1984 when she earned her medical degree from the University of Cincinnati College of Medicine. She then went on to complete her internship and residency in obstetrics and gynecology at Lenox Hill Hospital, where she served as Chief Resident.

A Fellow of the American College of Obstetrics and Gynecologists, Dr. Dias-Martin is board-certified through the American Board of Obstetrics and Gynecology, which is a non-profit organization that provides board certification for practicing obstetricians and gynecologists in the United States and Canada.

Recognized as an expert in her field, she has delivered local and regional invited presentations on women's health, adolescent sexuality, menopause, hormone replacement therapy, and other related topics. "At an early age, science fascinated me. My interest in science and desire to help others made medicine a perfect career choice" as stated by Dr. Dias-Martin.

Obstetrics and Gynecology is the medical specialty that encompasses the two subspecialties of obstetrics (covering pregnancy, childbirth, and the postpartum period) and gynecology (covering the health of the female reproductive system – vagina, uterus, ovaries, and breasts). An obstetrician-gynecologist, or OB-GYN, is a healthcare professional who specializes in female reproductive health.

When she is not working with her patients, Dr. Dias-Martin enjoys playing golf, gardening, attending her son's football and rugby games, and watching the latest blockbusters on the big screen.

Learn more about Dr. Karen Dias-Martin:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1514762-KAREN-DIAS-MARTIN-OB-GYN-Obstetrician-Gynecologist> or through Summit Medical Group, <https://www.summitmedicalgroup.com/doctor/kdias-martin/>

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Source : Karen Dias-Martin, MD, FACOG

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