

Isaac Tillman Shares The Laws of Perfection

Stop Being Perfect



STOP BEING PERFECT

IMPERFECT HUMANS ACCOMPLISHING PERFECT TASK

Steps to conquering false need of
perfection and learning to find your
purpose inside.

BY ISAAC TILLMAN

Atlanta, Jan 19, 2020 ([IssueWire.com](https://www.issuewire.com)) - When it comes to being perfect, we all struggle with it because morally it doesn't exist. Well, it doesn't exist the way society places a stigma on it. Actor and Author Isaac Tillman share his wisdom on how perfection may exist for some and for others, it may not.

Isaac Tillman sat down to talk about his new book, "Stop Being Perfect," and opened up about his own life and personal experiences with perfection.

"We view social media and see perfection as an achievement. However, what we see isn't perfection. What we see is the internet; filters, touchups to our photos, makeup, and the number of sources or apps to change our appearance or life to create a fictitious perspective of perfectionism." He said to Issue Wire News Room.

For 2020, Isaac has opened up on some new projects that he will be working on throughout the year.

[Isaac Tillman Instagram](#)

"I will be working on a few projects. I have a book called *Written Cessation* and a script called *Broken Consent*. Despite those being easier to write, I wanted to do *Stop Being Perfect* because so many people battle with insecurities and their bodies because they see other girls and think they're perfect. Skinny shaming is the same as fat-shaming, shaming anyone because of their appearance is wrong and no one is perfect so people need to stop pretending."

Tillman said the book is set to release sometime this year.

"The book will be released in 2020. I have a few books I want to release this year, I have published books in the past but I don't like those," he said. "And maybe it's because I'm getting older. I'm seventeen and I'm turning eighteen this year and I want something that will affect people. I want my self-help books to help. I want my novels to make people cry, as bad as that sound. I want to act more. I just want to do my part and tell people it's okay not to be perfect. I'm not perfect."

So, the question, "Is there such thing as a perfect life?"

Will you be getting *Stop Being Perfect*?



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