

The Inspiring Weight Loss Journey of Matthew Emsak Who Lost 140 pounds in Just 6 Months

This Press Release informs the readers about the inspiring weight loss journey of Matthew Emsak who lost 140 pounds in just 6 months

Nashville, Dec 13, 2019 (IssueWire.com) - If you have been struggling to lose weight, the incredible weight loss journey of a 23 years old law student from Nashville, **Matthew Emsak** will definitely give you some major inspiration to start working towards your fitness goals. The young boy hit the headlines after losing over 140 pounds in just 6 months. One of the things that surprised everyone around him was how handsome he turned out after he shed those extra pounds on his body. Post his weight loss transformation, Emsak is also being approached by some of the top modeling agencies for big assignments.

While talking to a local news channel, **Matthew Emsak** shared that he knew the weight loss will have a positive impact on his life, but never expected so much coming his way. As far as modeling is concerned, he hasn't really thought about it but he is definitely enjoying all the female attention he has been getting lately.

"I have always been an unhappy boy with no self-esteem, trapped in baggy clothes, and desperate to lose weight just to be normal. So, being praised for the way I look is extremely overwhelming," said Matthew.

About Matthew Emsak

Matthew Emsak, 23 is a law student from Nashville who hit the headlines after his incredible weight loss transformation. He lost almost 140 pounds in just 6 months with the help of his trainer, Joe Knight. He calls his weight loss journey to be a roller coaster ride full of trials, errors, and many small milestones along the way; which eventually led to more than he had expected to achieve.

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Source : Matthew Emsak

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