

Sally Ibrahim, MD, a Sleep Specialist with University Hospitals Rainbow Babies & Children's Hospital

Get to know Sleep Specialist Dr. Sally Ibrahim, who serves patients in Cleveland, Ohio.



New York City, Dec 27, 2019 (Issuewire.com) - Dr. Ibrahim is a triple board-certified sleep specialist who treats patients of all ages with sleep disorders. She can be found on staff at the Pediatric Pulmonology Division at University Hospitals Rainbow Babies & Children's Hospital in Cleveland.

Prior to her current endeavours, Dr. Ibrahim served as the Pediatric Quality Officer and Director of one

of the regional sleep labs of Cleveland Clinic. She was also a part of the Fellowship Education Committee and one of the core teaching faculty of the Cleveland Clinic Sleep Center.

With extensive experience in academic medicine and teaching, she continues to have a great deal of passion for helping patients achieve healthy sleep. Her interests include women's health and sleep, pediatric sleep medicine, adult sleep medicine, sleep apnea, teen sleep, children's sleep disorders, wellness, and obesity interrelations with sleep.

Pertaining to her educational background, Dr. Ibrahim earned her undergraduate degree from the University of Texas at Austin in 1999, followed by her medical degree from the University of Texas Medical Branch at Galveston in 2003. She then went on to complete her residency in a combined internal medicine and pediatrics program at MetroHealth Medical Center. During her residency, she was involved with obesity and sleep research, which led her into the field of sleep medicine. From 2007 until 2008, she completed her fellowship in sleep medicine at the Cleveland Clinic Foundation, where she served as a Chief Fellow.

Dr. Ibrahim is board-certified in both internal medicine and sleep medicine by the American Board of Internal Medicine, a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Additionally, she is board-certified in pediatrics by the American Board of Pediatrics, which strives to advance child health by certifying pediatricians who meet standards of excellence and are committed to continuous learning and improvement.

Sleep medicine is a medical specialty or subspecialty devoted to the diagnosis and therapy of sleep disturbances and disorders. From the middle of the 20th century, research has provided increasing knowledge and answered many questions about sleep-wake functioning. Sleep specialists are trained in the diagnosis, management, treatment, and prevention of sleep disorders and sleep problems. They often work in sleep centers, also called sleep clinics and sleep laboratories.

In the area of sleep medicine, Dr. Ibrahim has made contributions to the literature in the form of abstracts, journals, and book chapters. In addition to English, she knows conversational Arabic and Spanish.

Learn More about Dr. Sally Ibrahim:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2194962-Sally-Ibrahim-Sleep-Medicine-Specialist> or through University Hospitals Rainbow Babies & Children's Hospital, <https://www.uhhospitals.org/rainbow/find-a-doctor/Ibrahim-Sally-1215130786>

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