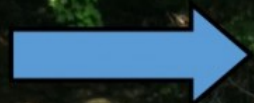


Hot off the Press, Cheat Sheet to Heaven, offers an upgraded thought level to how we think about life.

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CHEAT
SHEET TO
HEAVEN

SWIPE THIS WAY



RACHEL ROMAN TIPTON

Tampa, Dec 18, 2019 (IssueWire.com) - Just released on Amazon Kindle and Barnes and Nobles Nook, *Cheat Sheet to Heaven* offers an innovative fresh idea on life, coping and heaven. Join Rachel Roman Tipton as she transforms individuals by changing the way they think about this world and as she explains what heaven is really about.

This book is not a self-help, psychological or religious book but a book about thought. *Cheat Sheet to Heaven* outlines a different way to think about everything so individuals can be content and relaxed going forward in life. Rachel teaches how to extinguish those awful feelings because there must be another way of looking at things. She also teaches how to unlock the secret of miracles and how they can occur every day for any situation.

The book starts with examples of Rachel's crazy life and ego and how she was able to let go of everything and find the truth about who she really was. The next part identifies individuals' current state of mind and gives a detailed description of how to change it. She has created a special matrix tool that is used to find help eliminate negative thought patterns and find one's true place. There is a section on how to deal with children and send them forth with a positive mindset. Her recollection of religion, death, evolution and the bible are discussed in a way that will change people's whole entire viewpoint.

Rachel Roman Tipton was born in Canton, Ohio to a loving Catholic family in the '70s. She became aware at an early age that what she was learning about religion, personal relationships and how the world worked just did not feel right. She questioned everything and started the search for something greater. She uncovered a deeper meaning of life and teaches others how to alleviate physical, mental and emotional pain in her book, *Cheat Sheet to Heaven*.

In this book, Rachel grabs an individual's attention so they can understand and start to wake up to the way the real world functions and works. She brings balance allowing people to return to harmony within their natural true state. She teaches how to remove depression, stress, loneliness, anger, and conflict by explaining why we feel the way we do, why we have a conflict with others and why bad things always seem to happen. She shows us a new way of living life.

Cheat Sheet to Heaven is available as a hard copy on Amazon and digitally on Amazon Kindle and Barnes and Nobles Nook. For more information please visit cheatseettoheaven.com.

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