

Ruben Torres, MD, FACOG, FACS, an Obstetrician-Gynecologist in Texas

Get to know Obstetrician-Gynecologist Dr. Ruben Torres, who cares for patients in Texas.



New York City, Nov 7, 2019 (Issuewire.com) - Board-certified obstetrician-gynecologist, Dr. Torres, is dedicated to helping patients receive the treatment they need so that they can enjoy a positive and fulfilling life. Patients trust his expertise as he consistently provides high-quality care that leads to positive and lasting health outcomes.

Professionally, he is affiliated with Valley Baptist - RGV Women's Health Center in Harlingen and Weslaco, Texas. "At RGV Women's Health Center, we believe in creating a continuum of care for a woman that takes her from young adulthood through childbearing years and beyond. With everything from digital mammography to an experienced and trusted staff of physicians and nurses, we want to be your source for patient-centered OB-GYN services in the Rio Grande Valley. We understand that women's healthcare means addressing unique needs at every stage of life" as stated on their website.

On the subject of his professional experience, Dr. Torres has also been providing his services at Su Clinica Harlingen for over 25 years. Su Clinica Harlingen is a full-service clinic providing four mini-clinics under one roof. Each clinic focusing on a different health aspect, one for pediatrics, a women's health center, a focus on adult medicine, and a dental clinic. "We provide an on-site pharmacy, lab, x-ray, night clinics, and so much more. We feature a patient portal that lets you securely view your medical record, request appointments, and send messages to your doctor." as stated on their website.

In 1987, he earned his medical degree from the Facultad de Medicina, Universidad Autonoma de

Guadalajara in Mexico. Upon relocating to the United States, he went on to complete his residency in obstetrics and gynecology at Long Island University in Brookville, New York.

In addition to being a member of the American Medical Association and the Texas Association of Obstetricians and Gynecologists, he is a Fellow of the American College of Obstetricians and Gynecologists and a Fellow of the American College of Surgeons. Moreover, Dr. Torres is board-certified in obstetrics and gynecology by the American Board of Obstetrics and Gynecology (ABOG). The ABOG is a non-profit organization that provides board certification for practicing obstetricians and gynecologists in the United States and Canada.

Among his many achievements, the doctor presented a prized paper on 'Training in the Second Stage of Labor' to the Brooklyn Gynecology Society.

Obstetrics and Gynecology is the medical specialty that encompasses the two subspecialties of obstetrics, covering pregnancy, childbirth, and the postpartum period, and gynecology, covering the health of the female reproductive system, the vagina, uterus, ovaries, and breasts. An obstetrician-gynecologist, or OB-GYN, is a healthcare professional who specializes in female reproductive health.

Learn more about Dr. Ruben Torres:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1469687-Ruben-Torres-OB-GYN-Obstetrician-Gynecologist>, through Valley Baptist - RGV Women's Health Center, <https://rgvwomenshealthcenter.com/our-providers/ruben-torres-jr-md/> or through Su Clinica Harlingen, <https://www.suclinica.org/person/ruben-torres-jr-m-d/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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