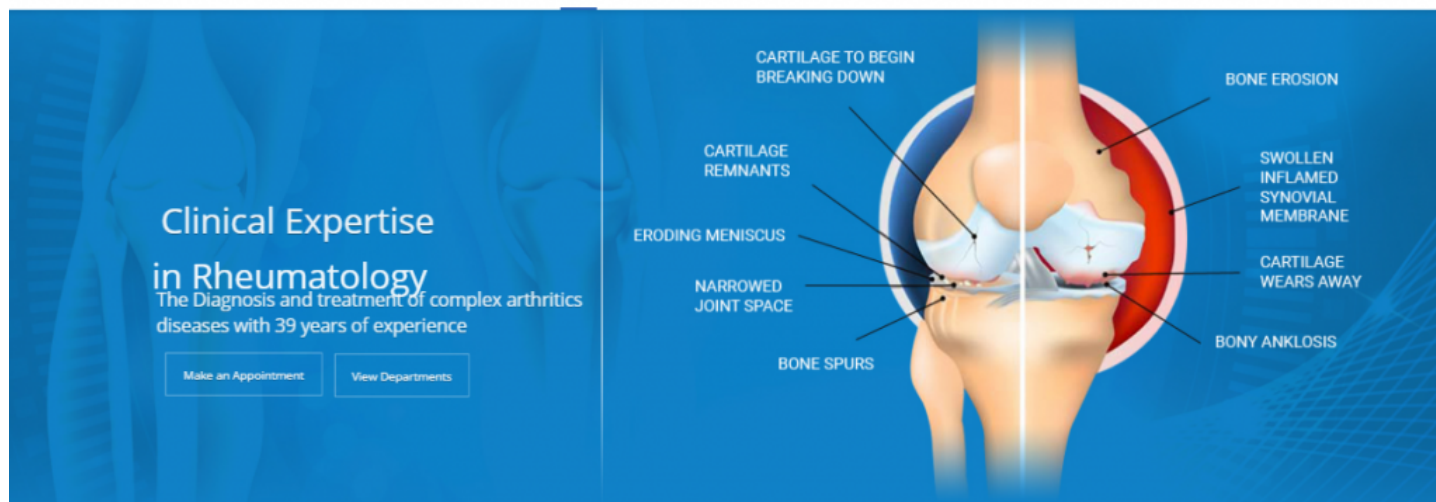


# Get Efficient Fibromyalgia Treatment by the Best Fibromyalgia Doctor in Victoria

## Best Rheumatology Doctor



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**Victoria, Nov 28, 2019 ([Issuewire.com](http://Issuewire.com))** - It is impossible to ignore that there is no cure for fibromyalgia and the clinical management of fibromyalgia is also complex. There are certain symptoms that determine that a person is suffering from fibromyalgia. If a person often feels the pain in their tender points, it is the time to go and see a [fibromyalgia doctor in Victoria](#).

Dr. Milton Baker is specialized in treating fibromyalgia in Victoria, Canada. In spite of the complexity of the disease, he is striving hard to find the latest treatment options for fibromyalgia. His cutting edge treatment options can cure/prevent the disease fibromyalgia.

What is Fibromyalgia?

According to Dr. Milton, Fibromyalgia refers to a long term chronic disorder that is characterized by widespread and unbearable pain in the tender points of the muscles and bones.

Why see a fibromyalgia doctor in Victoria?

As the symptoms of fibromyalgia are subjective, there is no particular test that can diagnose the disease. This is the reason that this disease is often misdiagnosed with the other diseases. Dr Milton says that it is highly important to diagnose the disease correctly; otherwise, a wrong treatment can worsen the condition of the patient. This is why one needs to see fibromyalgia doctor if they find the symptoms of fibromyalgia.

[Reasons for Fibromyalgia:](#)

With the help of several years of biologic research in Victoria, Dr Milton has found that there are several

factors that work together to trigger the disease. They are –

- Prior illness or infections can cause fibromyalgia
- Stress is a big factor that can also trigger the disease
- If any member of a family has a history of fibromyalgia, the chances of developing this disease increase to multiple times.
- If a person goes through emotional and physical trauma, s/he may develop the disease in future.

Apart from the feeling of unbearable pain in the tender points, there are a few symptoms that can determine that the person has fibromyalgia.

- Anxiety
- Fatigue
- Oversleeping
- Trouble sleeping
- Depression
- Dull aching or pain in the lower abdomen
- Inability to focus on anything
- Headache

Cutting edge treatment for fibromyalgia:

Dr Milton uses the cutting edge treatment for fibromyalgia. Some of his treatment includes:

- Acupuncture
- Hyperbaric oxygen treatment
- A balanced and healthy diet
- Regular exercise
- Sufficient sleep
- Yoga
- Physical therapy
- Massage therapy

Apart from the above treatment options, he also uses medications for treating fibromyalgia. Dr. Milton is continuing his biologic research to find the best treatment options for fibromyalgia.

## Media Contact

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Source : Dr. Milton Baker

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