

Encouraging new book shares details, valuable advice on addiction

Know what addiction is and how you can come out triumphant.



KNOWLEDGE TO POWER

UNDERSTANDING AND OVERCOMING ADDICTION

KAL RISSMAN



Pittsburg, Nov 21, 2019 (IssueWire.com) - Recognize and understand addiction with this galvanizing new book, [*Knowledge to Power: Understanding & Overcoming Addiction*](#) by author Kal William Rissman.

Knowledge to Power emphasizes that even though addiction is America's number one health problem, the people's understanding of this disease is inadequate. Author Rissman takes the complex issues of addiction and makes them comprehensible. This is a book that not only offers a non-judgmental understanding of addiction but offers concrete solutions and hopes to those afflicted with the disease and those affected by the disease.

Bruce Perkins, an intervention specialist, has this to say about the author and his book: "Kal Rissman has a remarkable gift for simplifying complex issues into easily understandable terms. He explains the multifaceted aspects of the baffling disease of addiction, describes current trends in recovery and offers insight and practical advice to help general and professional audiences understand addiction."

Kal's work will be exhibited at the Miami Book Fair Street Fair weekend, to be held at Miami Dade College (Wolfson Campus) in downtown Miami this coming November 22-24 at the Authors Press booth. You may meet the author personally at our booth starting at 2:00 p.m. on the 24th of November where he will be signing copies, with free giveaways. To get the latest update on authors, like and follow Authors Press on Facebook and Twitter.

[**Knowledge to Power: Understanding & Overcoming Addiction**](#)

Written by Kal William Rissman

E-book | \$9.99

Paperback | \$14.95

Book copies are available at Authors Press, Amazon, [Barnes & Noble](#), and other online book retailers.

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More information about the author and the event are available at www.authorspress.com.

SELF-HELP / Substance Abuse & Addictions / General

IF EVER THERE WAS A TIMELY BOOK ABOUT AN IMPORTANT SUBJECT, IT IS "KNOWLEDGE TO POWER: UNDERSTANDING AND OVERCOMING ADDICTION."

What newscast does not include something on tragedy caused by addiction? What extended family has not had someone with an addiction problem? What hospital is not one-third full of patients there due to addictive problems? Even though addiction is America's number one health problem, our understanding of this disease is woefully inadequate. Kal Rosman has the ability to take the complex issues of addiction and make them understandable. This is a book that not only offers a non-judgmental understanding of addiction, but offers concrete solutions and hope to those afflicted with the disease and those affected by the disease.

"Kal Rosman has provided us with a blend of clinical expertise and pastoral perspective in exploring ways to meaningfully minister to those who are addicted. In this book he demonstrates both understanding of the operative issues and the realities involved in the healing process and guidance for family members. He does it with rare insight and delightful humor."

— Robert F. Maltzahn, Doctor of Ministry and Lutheran pastor for 54 years.

"Kal Rosman has a remarkable gift for simplifying complex issues into easily understandable terms. He explores the multifaceted aspects of the baffling disease of addiction, describes current trends in recovery and offers insight and practical advice to help general and professional audiences understand addiction."

— Bruce Perkins, M.A., CDAC, LMFT, LSW, BRI - II, Intervention Specialist

"Knowledge to Power: Understanding and Overcoming Addiction is the perfect resource for anyone struggling with addiction or who loves someone dealing with substance abuse. I will be sharing it with my clients and their families."

— Sheryl Maupin, M.A., CRC, Therapist and Substance Abuse Counselor



Kal William Rosman has a unique background of broad education and experience in behavioral health coupled with farm boy common sense. He is a certified Master Addiction Counselor, Marriage and Family Life Counselor, Social Worker, Hospital Chaplain and ordained parish pastor of the ELCA. Past employment includes building construction, plumbing and life-guarding. He currently lives in the country and raises beef cattle as his hobby. He has worked with addictions his entire career.



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