

Tatiana Sharahy, MD, an Integrative and Aesthetic Medicine Doctor with XBody Health & Wellness

Get to know Board certified Dr. Tatiana Sharahy, who serves patients in Wayne, New Jersey.



New York City, Oct 2, 2019 (Issuewire.com) - Dr. Sharahy is a board-certified medical doctor with additional certification in Integrative and Aesthetic Medicine and a leading doctor in anti-aging medicine, a field she has been pioneering for more than twenty years. She directed her medical focus to natural alternative health care including holistic medicine, bio-identical hormone replacement, IV vitamins and antioxidants, detoxification and weight loss. Her approach is holistic. In all of these areas,

she focuses not only on the body but also the mind using non-harmful and natural alternatives to conventional treatments. XBody Health & Wellness is a state-of-the-art anti-aging medical center that has a futuristic and fully functional approach to health.

An innovative anti-aging doctor, researcher, and distinguished lecturer, Dr. Sharahy has been appointed as the Chief Scientific Officer and Medical Director of XBody Health & Wellness in Wayne, New Jersey. Dr. Sharahy specializes in providing a holistic, alternative, and integrative approach to wellness to clients in New Jersey and New York.

A graduate of the Kuban State Medical University in Krasnodar, Russia, Dr. Sharahy received the most prestigious and highest honor, "Gold Medal Award", which is given to the highest achieving medical school graduate in the country. After graduation, she relocated to the United States where she completed her residency at St. John's Episcopal Hospital in New York City, New York.

At XBody Health, WEllness and Spa, the goal is to help you live a healthy lifestyle, achieve weight loss, and improve your health. Dr. Sharahy and her staff offer compassionate care to men, women, and children, with over a decade of experience in obesity management.

XBody Health, WEllness and Spa provides a high standard of weight management and takes a holistic approach to your healthcare. Dr. Sharahy and her staff, NP Donna Taormina, NP Alexis Salley found their home here and helping patients achieve their wellness goals. In addition to being board-certified in internal medicine by the American Board of Internal Medicine (ABIM), she is a member of the American Academy of Environmental Medicine and the American Academy of Pain Medicine.

Learn More about Dr. Tatiana Sharahy:

Through her Findatopdoc profile, <https://www.findatopdoc.com/doctor/509376-Tatiana-Sharahy-Internist>, through XBody Health & Wellness, <https://xbodyus.com/about/>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Tatiana Sharahy, MD

See on IssueWire : <https://www.issuewire.com/tatiana-sharahy-md-an-integrative-and-aesthetic-medicine-doctor-with-xbody-health-wellness-1646213465521408>