

Renee Nyarko Eluma, PT, DPT, a Physical Therapist with Forever Fit Physical Therapy & Wellness

Get to know Physical Therapist Dr. Renee Nyarko Eluma, who serves patients in Burtonsville, Maryland.



New York City, Oct 11, 2019 ([IssueWire.com](http://www.IssueWire.com)) - Dr. Eluma is a physical therapist who is currently serving patients at Forever Fit Physical Therapy & Wellness in Burtonsville, Maryland. Forever Fit Physical Therapy & Wellness was founded in 2010 with the mission to provide a physical therapy experience that exceeded the patient's expectations at every interaction. "At Forever Fit Physical Therapy & Wellness, we believe a physical therapist's role is to not only alleviate your pain or improve mobility but to create a lifelong quality of life for our patients. We will provide you with education to care for this injury and others in the future. We teach you about your body, how pain works, how to prevent future recurrence, and what to do if re-injury does occur. You can expect friendly, consistent, and reliable service at every visit, with input into your goals and the healing process" as stated on the practice's website.

At Forever Fit Physical Therapy & Wellness, Dr. Eluma provides comprehensive treatment to her patients using a wide variety of manual therapy and taping techniques complimented by exercise to help patients return to a healthy lifestyle. She also excels in treating a variety of orthopedic injuries, especially those involving the shoulder.

In regards to her educational background, she graduated from the University of Maryland, Baltimore County with a degree in Biopsychology in 2003. She then went on to pursue her Doctor of Physical Therapy degree from the University of Maryland at Baltimore in 2006. Shortly after, she became certified in Level 1 Dry Needling through Myopain.

Physical therapy is a growing part of the medical industry. Physical therapists are key to recovery for some patients who are recuperating from injuries, illnesses, and surgery. They work with patients to help them regain movement and manage pain, either in a hospital or clinical setting. They are fully licensed to practice therapy and treatment on patients, and doing so often helps patients reclaim their lives, their momentum, and their contentment. With years of experience in her field, Dr. Eluma is a strong proponent of patient education, assisting each patient in their transition to independent management of their impairments.

In her spare time, Dr. Eluma enjoys spending time in the company of family and friends. For the past three years, she has volunteered her time to the Washington D.C. Divas - a professional women's tackle football team. She also volunteers her time to a non-profit organization that raises money to provide hospital and school supplies to villages in her family's home country of Ghana. Her favorite pastime involves cheering for all the Washington D.C. area home teams, especially the Washington Redskins.

Learn More about Dr. Renee Nyarko Eluma:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1648692-Renee-Nyarko-Eluma-Physical-Therapist> or through Forever Fit Physical Therapy & Wellness, <http://www.foreverfitptw.com/Our-Team/Bowie/a~9308--c~361021/article.html>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians

and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Renee Nyarko Eluma, PT, DPT

See on IssueWire : <https://www.issuewire.com/renee-nyarko-eluma-pt-dpt-a-physical-therapist-with-forever-fit-physical-therapy-wellness-1647040391356991>

