

Lenny M. Linardos, DC, a Chiropractor with Atlas Injury Center

Get to know Chiropractor Dr. Lenny M. Linardos, who serves patients in Holiday, Florida.



New York City, Oct 26, 2019 (IssueWire.com) - Dr. Linardos is a chiropractor who is serving patients' chiropractic needs at his private practice, Atlas Injury Center located in Florida. He is a member of the Chiropractic Physicians Association and the Florida Chiropractic Association.

As an expert in his field, Dr. Linardos has been successfully operating more than 20 chiropractic clinics in the Tampa Bay Area for over 15 years. His chiropractic clinics specialize in orthopedics, general rehab, internal disorders, radiology, nutrition, occupational health, sports media, and forensic sciences. His philosophy is that all patients should know and understand what their injury is as well as the many different options for therapy.

In addition to holding a Bachelor of Science degree from Western Kentucky University and an Associate of Arts degree from St. Petersburg College, Dr. Linardos earned his Doctor of Chiropractic degree from Life University in Marietta, Georgia.

He has learned about many different injuries relating to sports due to his lifelong involvement in the area, including his college football career at Western Kentucky University, and his time as a professional Jai Alai player in West Palm Beach, Connecticut, and Mexico.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, extremity adjustments, manipulation and other techniques to manage patients' health concerns, such as neck pain, back pain, and other joint injuries like shoulders and ankles. They aim to improve patients' functionality and quality of life, by properly aligning the body's musculoskeletal structure and enabling the body to heal itself without medication or surgery.

On a more personal note, Dr. Linardos's family moved to New York and then to Gary, Indiana after emigrating from Greece. At 9 years old, his family moved to Daytona Beach, where he attended Seabreeze High School. There, he was a letterman in football, baseball, and soccer.

Although he is known as a workaholic, he enjoys the company of his family. His passions outside of his profession include baseball and boxing management. More important than sports are his nine Cocker Spaniels, cat, and various other animals. Quite often, he donates to various humane societies.

Learn More about Dr. Lenny M. Linardos:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/78199-Lenny-Linardos-Chiropractor> or through Atlas Injury Center, <https://atlasinjurycenter.com/about-us>

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