

Top Doctors to Follow on Instagram - Health Influencers



San Diego, Sep 15, 2019 ([Issuewire.com](http://www.Issuewire.com)) - Instagram is one of the most popular and fastest growing social media platform. There are a few doctors on the social media platform who have stood out amongst the crowd. They are using their influence to promote health and wellbeing and inspire people.

Below is a list of our top 5 well known doctors of Instagram

Dr. Mike

This doctor takes first place on our list since he has become one of the most popular doctors in the world by reaching 3 million followers on Instagram. He is a Russian doctor who is making his third year of residency to become certified in family medicine. The young man, better known as Dr. Mike, lives in

New York and travels weekly to Miami to give some consultations. He enjoys the pleasures that both cities offer him. His recent fame has not only won him followers, but has also attracted many brands who are willing to cast him in their advertising campaigns, and call him to attend galas, events, and TV shows.

Alessandro Urbano

With the Italian Alessandro Urbano, the term dentist has a new meaning! Alessandro is a successful dentist who makes you smile from the very first moment you step into his office. With this doctor, having a toothache will not seem bad luck!

Carlos Fernando

We introduce you to the Colombian doctor, Carlos Fernando. This lover of gym and extreme sports has become quite famous among the Mexican public, so much so that he recently traveled from Spain, his place of residence.

Dr Yusof Mutahar

Dr Yusof Mutahar is an Australian doctor, fitness model, athlete, entrepreneur and health influencer. With more than 70,000 followers and growing, he has established himself as one of the leading names in the industry. Dr Yusof Mutahar was born in Perth Australia on the 18th March 1990. He specialises in the field of General Practice and family medicine. Furthermore he works in cosmetic medicine and is known to post spectacular cosmetic surgery before and after shots as well as medical procedures. If you have interest in medicine, nursing or cosmetic surgery we highly recommended you check out Dr Yusof Mutahar instagram page @yusof.mutahar He co- founded his own cosmetics beauty range called Dr Yusof Cosmetics.

Dr Yusof Mutahar is also an active Judo athlete and has represented his country in the sport. His content includes a fitness oriented theme

Dr. Lacroix

Dr. Lacroix is a resident in dermatology in Montreal. The Canadian has gained popularity on social networks thanks to his spectacular face-cut. Dr. Lacroix has managed to amass an popularity of 58,000 followers.



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