

Lane Sebring, MD, a Family Physician with the Sebring Clinic

Get to know Family Physician Dr. Lane Sebring, who serves patients in Wimberley, Texas.



New York City, Sep 9, 2019 (Issuewire.com) - Dr Sebring is a family physician who is currently serving patients at the Sebring Clinic in Wimberley, Texas. The goal of the Sebring Clinic is to educate patients about the nature of the disease and how to avoid it. Dr Sebring teaches lifestyle changes and utilises multiple modalities to treat patients circumferentially in a manner that maximises their functionality and potential, thereby allowing them greater choices for their lives. He and his uniquely qualified staff work to provide patients with comprehensive healthcare experience, including bioidentical hormone therapy, HCG diet plans, brain health assessments, cardiovascular support programs, IV nutritional therapy, and a “natural pharmacy” providing nutritional and herbal remedies.

Dr Sebring earned his bachelor's degree in biology at the University of Texas in Austin and earned his medical degree from the University of Texas Medical Branch at Galveston. He then went on to complete his residency in family medicine at the University of Texas Health Science Center in Tyler, Texas. Wishing to work as an independent physician, Dr Sebring opened his private practice, the Sebring Clinic, in 1996.

While working in private practice, it became apparent to Dr Sebring that the current medical paradigm was designed to treat the symptoms of the herd and not the causal-based problem of the individual. He began attending nutritional conferences in an effort to broaden his education and understanding.

Dr Sebring served as a board examiner for the American Academy of Anti-Aging Medicine. He has become a recognized expert in alternative and anti-aging medicine and has been called the first physician to base his practice around the Paleo Diet, which he believes is the diet humans are designed to eat.

Dr Sebring's organ reserve and total stress load theory of aging not only best explains the unnatural aging pattern of modern humans but lights up a pathway to avoid that unnatural pattern whereby humans maintain functionality at a high level throughout their life until death.

Family medicine, formerly family practice, is a medical specialty devoted to comprehensive health care for all adults and children; the specialist is called a family physician or family doctor. Family physicians are often the first person whom a patient sees when seeking healthcare services. They examine and treat patients with a wide range of conditions and refer those with serious ailments to a specialist or appropriate facility.

Learn More about Dr. Lane Sebring:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3158730-Lane-Sebring-Family-Practitioner> or through the Sebring Clinic, <https://www.sebringclinic.com/about-us-1.html>

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