

Get to know Licensed Clinical Social Worker and Certified Anger Resolution Therapist Angela M. Arney

Angela M. Arney, LCSW, CART, a Licensed Clinical Social Worker and Certified Anger Resolution Therapist in Private Practice



New York City, Sep 23, 2019 (Issuewire.com) - Angela is a licensed clinical social worker & a certified anger resolution therapist who is currently serving patients at her private practice in Houston, Texas. Featuring over three decades of experience in her field, she is experienced in treating mood disorders, anxiety, as well as trauma for adults, children, and military personnel.

Angela earned her bachelor's degree from the University of Roehampton in London, England in 1986. Upon relocating to the United States, she went on to earn her master's degree from the University of Houston in Houston, Texas in 1989. Furthermore, Angela is a member of the National Association of Social Workers (NASW). The NASW is a professional organization of social workers in the United States.

A licensed clinical social worker (LCSW) works with patients in order to help them deal with issues involving mental and emotional health. There are a wide variety of specializations the LCSW can focus on, including mental health issues, substance abuse, public health, school social work, medical social work, marriage counseling or children and family therapy.

A certified anger resolution therapist (CART) is skilled in helping patients deal with anger issues by utilizing proven, effective intervention techniques.

Angela attributes her success to her life experiences. In her spare time, she enjoys playing Trivial Pursuit, attending the opera, as well as remaining active with the Serve Up A Cure Foundation.

Learn More about Angela M. Arney:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/82492079-Angela-Arney-Social-Worker>

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