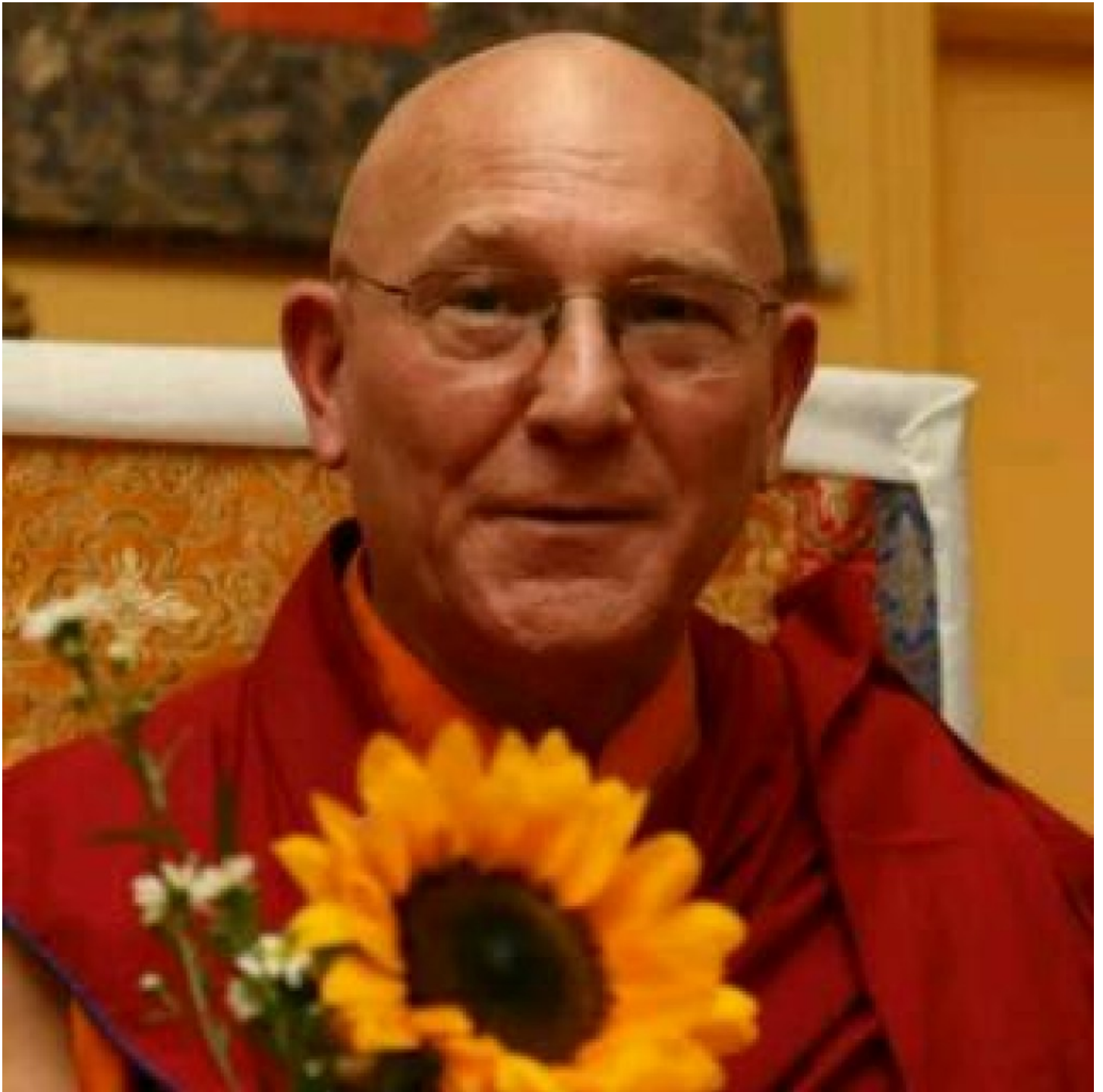


## David Bole, PhD, AP, an Acupuncturist with the Traditional Acupuncture Center

Get to know Acupuncturist Dr. David Bole, who serves patients in Gainesville, Florida.



**New York City, Sep 17, 2019 ([Issuewire.com](http://Issuewire.com))** - Dr. Bole is an acupuncturist who is currently serving patients at his private practice, the Traditional Acupuncture Center located in Gainesville, Florida. The Traditional Acupuncture Center is a holistic health care facility offering a multi-dimensional approach to health and healing. Dr. Bole has been providing the finest health care services to the residents of North Central Florida for over 25 years.

Dr. Bole has studied acupuncture, herbal medicine, meditation, and Tai Chi Chuan in the U.S., Europe, China, and Japan. He is currently licensed in Florida as an Acupuncture Physician, and has been awarded both a Diplomate in Acupuncture and a Diplomate in Chinese Herbology from the National Commission for the Certification of Acupuncture and Oriental Medicine.

Dr. Bole earned his Doctor of Philosophy in Psychology from the University of Florida. He also completed two additional postdoctoral degrees in Acupuncture from the College of Traditional Chinese Acupuncture in Oxford, England.

Dr. Bole is a fully ordained monk (Gelong) who completed the traditional three-year and three-month retreat in the Karma Kagyu lineage of Tibetan Buddhism. He studied meditation under the direction of the renowned retreat master Khenpo Karthar Rinpoche.

Dr. Bole currently serves as the resident teacher for the Gainesville Karma Thegsum Choling - a branch of the Karma Triyana Dharmachakra Monastery in Woodstock, New York. He teaches Asian medicine, meditation, Buddhist philosophy, stress management, and Tai Chi Chuan. As a Westerner trained in these ancient arts, he is able to bridge the gap between Eastern and Western philosophical approaches to health and healing. He teaches classes and workshops around the country designed to enhance awareness and health to students of all ages.

In honor of Dr. Bole's 70th birthday, Mayor Lauren Poe and the City of Gainesville proclaimed July 26, 2019, to be 'Dr. David Bole (Lama Losang): Health, Happiness, and Longevity Day'.

Acupuncture is a form of alternative medicine and a key component of traditional Chinese medicine in which thin needles are inserted into the body. The practice is also used to maintain general health. Acupuncturists treat a variety of physical and psychological issues such as hypertension or anxiety. Dr. Bole specializes in a painless, gentle, and very effective non-invasive style of Five Element Japanese Meridian Therapy called Toyohari.

### **Learn More about Dr. David Bole:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2338379-David-Bole-Acupuncturist> or through the Traditional Acupuncture Center, <https://davidbole.com/bio>

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Source : David Bole, PhD, AP

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