

Yadira Torres, Psy.D, a Licensed Clinical Psychologist in Private Practice

Get to know Licensed Clinical Psychologist Dr. Yadira Torres, who serves patients in Miami, Florida.



New York City, Aug 16, 2019 (Issuewire.com) - Dr. Torres is a bilingual licensed clinical psychologist who is currently serving patients at her private practice in Miami, Florida. There, she provides psychological evaluations and therapeutic services for children, adolescents, and families. She provides a holistic and comprehensive approach while tailoring the intervention to the specific needs and values of patients and their families. Dr. Torres also serves as a psychology staff member at Baptist Children's Hospital.

Dr. Torres specializes in individual psychotherapy for anxiety disorders, depression, adjustment disorders, externalizing behavior disorders, relationship problems, and readiness for college transitions. Additionally, she provides parent training for children as young as three years of age, family psychotherapy, and school consultation.

Dr. Torres earned her master of science degree and doctor of psychology degree in clinical psychology from Carlos Albizu University - Miami Campus. She completed her pre-doctoral, child psychology internship at Applewood Centers, Inc. in Cleveland, Ohio in 2016. She later went on to complete her post-doctoral fellowship at Keystone Behavioral Pediatrics in 2017. During her postdoctoral training, Dr. Torres specialized in the assessment and treatment of developmental disorders, autism spectrum disorders, and attention deficit-hyperactivity disorders.

Dr. Torres has extensive training in evidence-based psychotherapy including cognitive behavioral therapy, Coping Cat, and behavior modification therapy. She also has additional training in play therapy, family therapy, dialectical behavior therapy, neuropsychological assessment, as well as personality assessment.

Dr. Torres is a member of the American Psychiatric Association and the Florida Psychological Association. Dr. Torres attributes her success to extensive experience, faster growth, and continued education. In her spare time, Dr. Torres enjoys reading Spanish literature. She also serves as a mentor for at-risk youth, working with locals in the community to increase school retention in children and adolescents who are at risk of dropping out. Her favorite professional publications are the American Psychological Association Journals and the Journal of Family Practice.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. Licensed clinical psychologists are professionals who are qualified to provide direct services to patients. Their work may include administering and interpreting cognitive and personality tests, diagnosing mental illness, creating treatment plans, and conducting psychotherapy. Dr. Torres has experience working with victims of child abuse and neglect, military families, and adolescents with suicidal ideation and attempts.

Learn More about Dr. Yadira Torres:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/81226487-Yadira-Torres-Psychologist> or through her private practice, <https://yadiraorrespsyd.com/about>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians

and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Yadira Torres, Psy.D

See on IssueWire : <https://www.issuewire.com/yadira-torres-psyd-a-licensed-clinical-psychologist-in-private-practice-1642034407831875>