

## Sanjeev Singh, MD, a Psychiatrist with Center for Adult for Psychiatry, P.A.

Get to know Psychiatrist Dr. Sanjeev Singh, who serves patients in Ocoee, Florida.



**New York City, Aug 19, 2019 ([Issuewire.com](http://Issuewire.com))** - Dr. Singh is a board-certified psychiatrist. He is the CEO and Founder of the Center for Adult for Psychiatry, P.A. in Ocoee, Florida. “We at the Center for Adult for Psychiatry, P.A. specialize in treating chronic mood disorders and mental illnesses, such as schizophrenia, depression, anxiety, schizoaffective disorder, PTSD, and bipolar disorder, as well as many others. We offer telepsychiatry consults for inpatient and outpatient facilities. Our therapists focus

on Cognitive Behavioral Therapy, EMDR, group therapy sessions, individual therapy sessions, and stress management practices to ensure the mental well-being of our patients. Our therapists also provide EAP services” as stated on the practice’s website.

Dr. Singh specializes in community mental health. His predominant interests include treating chronic mental illnesses and combining the benefits of medication and therapy.

Dr. Singh earned his medical degree from All India Institutes of Medical Sciences in Delhi, India in 1988, along with three years of post-graduate training in psychiatry from the same. He then went on to complete his internship at UMass Memorial Medical Center and his residency at Boston Medical Center. He followed this with one year in community mental health in New Zealand.

Dr. Singh has held the position of Vice-Chairman of the Department of Psychiatry at Orlando Regional Healthcare. He currently serves as Medical Director of Inpatient Psychiatry at the Princeton Campus of Aspire Behavioral Healthcare.

Dr. Singh is board-certified in general psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to promoting high-quality patient care for the public through the initial and continuing certification of psychiatrists and neurologists. Dr. Singh is also board certified by the American Board of Addiction Medicine.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. A psychiatrist, such as Dr. Singh, helps patients by evaluating medical and psychosocial conditions, developing and implementing treatment plans, as well as monitoring and evaluating treatment results. With over 35 years of experience in psychiatry, Dr. Singh is passionate about the field and continues to raise awareness and empathy for the mentally ill.

### **Learn More about Dr. Sanjeev Singh:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/57535-Sanjeev-Singhal-psychiatrist-Frederick-MD-21703> or through Center for Adult for Psychiatry, P.A., <https://cfapsyc.com/portfolio-items/dr-singh/>

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