

Kenneth Benjamin Hughes, MD, a Plastic Surgeon with Hughes Plastic Surgery

Get to know Plastic Surgeon Dr. Kenneth Benjamin Hughes, who serves patients in Los Angeles and Beverly Hills, California.



New York City, Aug 8, 2019 (Issuewire.com) - Dr Kenneth Hughes is a board-certified plastic surgeon who brings to Los Angeles a level of expertise and sophistication few have ever achieved. He is an expert and author in many plastic surgery procedures. He performs many different procedures including liposuction, liposuction revision, Brazilian buttlift (BBL), butt implant surgery, breast augmentation, breast lift, rhinoplasty and rhinoplasty revision, tummy tuck, mommy makeover, arm lift, thigh lift, body lift, labiaplasty, vaginoplasty, silicone and biopolymer removal and so much more. He performs surgery for 400 patients each year and approximately 1500 procedures for those patients.

Dr Hughes is the Medical Director of Hughes Plastic Surgery in Los Angeles and Beverly Hills, California. Hughes Plastic Surgery is built on a foundation of principles that consistently sets the highest standards in plastic surgery, and continually exceeds patient expectations in results. The first critical component of Dr. Hughes' renowned success is the strength of the academic platform upon which the practice rests.

After graduating with honours in Biology from Harvard University, Dr Hughes earned his medical degree from UAB, where he graduated in the top 5% of his class and scored in the top 1% across the nation on his licensing boards. Thereafter, he was awarded entrance into one of the very selective integrated plastic surgery programs at the University of Kansas Medical Center, where he received 6 years of extensive training in the vast array of general and plastic surgery procedures. He also completed his fellowship training in plastic surgery and cosmetic surgery at Harvard Medical School in 2011. Only a handful of plastic surgeons, out of the thousands in the United States, have been honored with the Harvard cosmetic fellowship.

Dr Hughes is board certified in plastic surgery by the American Board of Plastic Surgery (ABPS). The ABPS is an independent, nonprofit organization whose mission is to promote safe, ethical, efficacious plastic surgery to the public by maintaining high standards for the education, examination, certification, and continuous certification of plastic surgeons as specialists and subspecialists.

Dr Hughes has authored numerous papers and textbook chapters on cosmetic surgery topics, including facial cosmetic surgery, face and neck lifts, rhinoplasty, nose surgery, as well as breast surgery including breast augmentation, breast reconstruction, and facial fat grafting - among others. He has been an invited speaker at regional, national, and international meetings, lecturing on such topics as the use of telemedicine in cosmetic and plastic surgery. In addition, Dr Hughes is a consultant and lecturer for the Institute for Safety in Office-Based Surgery, a nationally recognized, non-profit, patient safety organization at the forefront of protecting patients during outpatient procedures in plastic surgery.

Plastic surgery is a surgical specialty involving the restoration, reconstruction, or alteration of face and body. A plastic surgeon's primary responsibility is performing surgical and non-surgical procedures, and they use a variety of reparative and reconstructive techniques to get the job done. Recognizing that patients are demanding new approaches to post-surgical scarring, Dr Hughes offers a range of options selected on a per procedure, per-patient basis. Some of those options offer a virtually scarless approach, and in bigger cases, they offer a significant reduction of scarring prominence.

Dr Hughes' unique approach to body lifts combines Lockwood's technique for strengthening the subfascial system and detailed undermining for optimal skin tightening, while reducing the need for a posterior scar by utilizing a Brazilian Butt Lift approach, with or without implants, for reshaping and revolumizing. Today, more patients seek skin tightening and reshaping benefits to offset the aging

process or as an extension of the mommy makeover, as opposed to addressing massive weight loss issues.

On a personal level, Dr Hughes has been an avid weightlifter and athlete for over 20 years, and he possesses a wealth of knowledge and experience in nutrition and exercise regimens. Utilizing his keen eye for details of the human form, Dr. Hughes carefully evaluates his patients' anatomy and goals and then tailors the results to an individual's preference and specification. He brings a unique blend of technical skill, surgical acumen, and detail-oriented specificity to each of his patients in a caring and interactive atmosphere.

Learn More about Dr Kenneth Benjamin Hughes:

Through his findatopdoc profile,

<https://www.findatopdoc.com/Expert/3421020-Kenneth-Benjamin-Hughes>

or through Dr Kenneth Hughes's personal website,

<https://www.hughesplasticsurgery.com/los-angeles-kenneth-hughes/>

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