

## **Sara E. Tollstrup, FNP-C, Family Nurse Practitioner with The University of Utah - Men's Health Clini**

Get to know Family Nurse Practitioner Sara E. Tollstrup, who serves patients in Salt Lake City, Utah.



**New York City, Jul 19, 2019 ([IssueWire.com](http://IssueWire.com))** - Sara is a family nurse practitioner who is affiliated with The University of Utah. She has previously worked in female infertility with the Utah Center for Reproductive Medicine at the University of Utah. Specialists at UCRM treat female infertility working with patients to create customized, affordable treatment plans. Treatments and services include in vitro fertilization, fertility preservation, medications, diagnostic testing, and more. She transitioned to Men's Health within the University of Utah's urology department and is now able to better evaluate and treat couples with infertility having the fertility knowledge of both genders. In her current practice, she treats men with erectile dysfunction, infertility, hypogonadism and peyronies disease under two surgeons who are widely known and respected for their abilities both in the clinic and in the operating room. Her current practice sees men of all ages, and serves men with fertility concerns at UCRM as well as private infertility clinics in Utah and Idaho.

Sara attributes her success to her mother and grandmother who were an inspiration to her and showed her the passion and dedication to helping others in need. Having a life experience of infertility also made Sara become interested in this particular area of nursing.

Sara graduated with her Bachelors of Science in Nursing degree from Westminster College in 2010. She then went on to earn her Master of Science in Nursing degree from The University of Cincinnati in 2015.

Sara is a member of the American Association of Nurse Practitioners and the American Society for Reproductive Medicine.

A family nurse practitioner (FNP), like Sara, is an advanced practice registered nurse who works autonomously or in collaboration with other healthcare professionals to deliver family-focused care. Given the rather broad nature of the "family" patient population focus, FNPs offer a wide range of healthcare services that revolve around the family unit; from health promotion and disease prevention to direct care and counseling across the lifespan. There is no age or gender restriction as an FNP, which presents innumerable professional opportunities.

### **Learn More about Sara E. Tollstrup:**

Through her online profile, <https://todaysnurse.org/network/index.php?do=/4144088/info/>

### **Media Contact**

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