

Imran Ashraf, MD, Orthopedic Surgeon & Sports Medicine Specialist with Hudson PRO Orthopaedics

Get to know Orthopedic Surgeon & Sports Medicine Specialist Dr. Imran Ashraf, who serves patients in the greater New York City area and Hoboken, New Jersey.



New York City, Jul 11, 2019 ([Issuewire.com](http://www.Issuewire.com)) - Dr. Ashraf is a compassionate and insightful board-certified orthopedic surgeon & sports medicine specialist. He is currently the Director of Orthopedic

Surgery & Sports Medicine at Hudson PRO Orthopaedics & Sports Medicine. Hudson Pro Orthopaedics & Sports Medicine is a top-rated orthopedic and sports medicine practice – currently serving patients in the greater New York City area and Hoboken, New Jersey. Dr. Ashraf and his team are dedicated to performing the latest cutting edge, minimally invasive surgical and non-surgical procedures to aid patients with acute or chronic sports injuries and musculoskeletal conditions.

Dr. Ashraf is affiliated with several hospitals in the area, including Lenox Hill Hospital, Hoboken Hospital, Bayonne Hospital, and Hudson Regional Hospital. “I believe that I can relate to my patients, as I practice what I preach. I am helping patients to get back to living a healthier and active lifestyle. I do understand that injuries are a part of being active, and I have suffered and worked through several injuries myself over the years” as stated by Dr. Ashraf.

Dr. Ashraf earned his medical degree from Ross University School of Medicine in Bridgetown, Barbados. He then went on to complete his internship at New York Medical College/St.Vincent’s Hospital in New York City, New York, followed by his residency in orthopedic surgery at Lenox Hill Hospital in New York City, New York. Afterward, he completed a fellowship in orthopedic sports medicine at the University of Miami in Coral Gables, Florida. There, Dr. Ashraf served as a team physician for the Miami Marlins, the Miami Hurricanes, and US Sailing.

Dr. Ashraf is a member of the American Academy of Orthopaedic Surgeons and the American College of Sports Medicine. Dr. Ashraf is board-certified in orthopedic surgery by the American Board of Orthopaedic Surgery (ABOS). To ensure the safe, ethical, and effective practice of orthopedic surgery, the ABOS maintains the highest standards for education, practice, and conduct thorough examination, certification, and maintenance of certification for the benefit of the public.

Orthopedic surgery or orthopedics is the branch of surgery that deals with conditions involving the musculoskeletal system. An orthopedic surgeon offers care to patients suffering from problems associated with the joints, bones, muscles, tendons, and ligaments. They perform surgeries to address trauma, injuries, tumors, infections, and other conditions that require surgical intervention. Dr. Ashraf is sensitive to the uniqueness of each patient’s situation and adapts his consultations and treatment options appropriately to accommodate individual needs and concerns.

Dr. Ashraf attributes his success to his passion for the field, his love for what he does, as well as family support, discipline, and hard work. In his spare time, he enjoys running, weight lifting, yoga, and nutrition.

Learn More about Dr. Imran Ashraf:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/576234-Imran-Ashraf-Doctor> or through Hudson PRO Orthopaedics & Sports Medicine, <https://www.hudsonproortho.com/dr-imran-ashraf>

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