

Vincent M. Adamo, DC, Chiropractor with Live Holistic

Get to know Chiropractor Dr. Vincent M. Adamo, who serves patients in Brooklyn, New York



New York City, Jun 4, 2019 (Issuewire.com) - Dr. Adamo is a chiropractor who is currently serving patients at Live Holistic in Brooklyn, New York. There, he focuses on eliminating interference with every patient's internal healing power, so that each individual can live a life free from sickness, pain, and disease. The mission of Live Holistic is to help every family to reach optimal health by teaching them that "the power that made the body heals the body."

Dr. Adamo received his Doctor of Chiropractic (DC) degree from New York Chiropractic College.

Dr. Adamo is certified in nutrition and spinal correction. He is an advisor for the Wellness Advisory Council for USA Wrestling, USA Weightlifting, and USA Karate. He also works with marathoners, ironmen, and UFC fighters, providing sports chiropractic in Brooklyn and its surrounding areas.

Dr. Adamo works to reach out to the Brooklyn community and spread the word about the approach to achieving true health and vitality without the use of drugs, surgery or other toxic approaches. Through workshops, newsletters, and other events, he provides the resources necessary for individuals to take control of their own health through nutrition, fitness, mindset, lifestyle, and chiropractic care. He has also worked with several businesses, churches and organizations in the area to set up wellness programs and presentations.

Dr. Adamo is a member of the Knights of Columbus - the world's largest Catholic fraternal service organization.

Chiropractic is a form of alternative medicine mostly concerned with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. Chiropractors, like Dr. Adamo, perform adjustments (manipulations) to the spine or other parts of the body. The goal is to correct alignment problems, ease pain, and support the body's natural ability to heal itself without surgery or medication.

Dr. Adamo attributes his success to keeping abreast with the latest in continuing education within the chiropractic field. In his spare time, he enjoys playing golf.

Learn More about Dr. Vincent M. Adamo:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/8133429-Vincent-Adamo-Chiropractor> or through Live Holistic, <https://www.liveholistic.net/page/doctor.html>

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