

Sujit R. Varma, MBBS, MD, FAPA, Psychiatrist with Minnesota Mental Health Clinics - Maplewood

Get to know Psychiatrist Dr. Sujit R. Varma, who serves patients in Maplewood, Minnesota.



New York City, Jun 4, 2019 (IssueWire.com) - Dr Varma is a psychiatrist who has been working in the mental health field since 1993. His practice includes psychiatric consultation/psychotropic medication evaluation and management.

Dr Varma is currently affiliated with Minnesota Mental Health Clinics - Maplewood. Minnesota Mental Health Clinics offers a wide variety of therapy programs that can be tailored to specific types of mental health goals. The mission of Minnesota Mental Health Clinics is to be the leading provider of mental health services to clients in the Minneapolis and St. Paul metro area.

Dr Varma is board-certified in psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the public interest and the professions of psychiatry and neurology by promoting excellence in practice through certification and continuing certification processes.

Dr Varma is a Fellow of the American Psychiatric Association (FAPA). Fellow status is an honour that reflects one's dedication to the work of the APA and signifies their allegiance to the psychiatric profession.

Dr Varma received his medical degree from Kasturba Medical College, Manipal (India) and followed that up with a fellowship in mood disorders at the University of British Columbia (UBC) in Vancouver, Canada. He then went on to complete his residency in American psychiatry at the University of Texas Health Science Center at Houston.

Dr Varma has admitting privileges at Fairview Southdale in Edina, MN and at Unity Hospital in Fridley, MN. He sees adults, children, adolescents, geriatric populations, as well as patients from various cultural backgrounds.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behaviour, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental disorders. They may prescribe medication or suggest therapy according to their patients' needs. In addition to psychiatric medication management, Dr Varma offers saliva drug testing, Vivitrol monthly injections for alcohol and opioid dependence, Brainsway Deep TMS, and more. He will refer patients for psychotherapy, psychological testing, hypnotherapy, medical cannabis and other non-pharmacological interventions if deemed appropriate.

Learn More about Dr Sujit R. Varma:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1387542-Sujit-Varma-psychiatrist-Minneapolis-MN-55435> or through Minnesota Mental Health Clinics - Maplewood, <https://mnmentalhealthclinics.com/our-professionals/sujit-varma/>

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