

Tamara J. Myers, LPN, Licensed Practical Nurse with HCF Management Inc.



New York City, May 16, 2019 (IssueWire.com) - Get to know Licensed Practical Nurse Tamara J. Myers, who serves patients in Lima, Ohio.

Tamara is a licensed practical nurse (LPN) who is nearing retirement. She currently holds the title of Wellness Coordinator and LPN Charge Nurse.

Tamara is affiliated with several nursing agencies and nursing homes in the Lima area, including HCF Management Inc., Burton's Ridge Assisted Living, Cridersville Healthcare Center, Lima Manor, and Shawnee Manor. She is also affiliated with Lima Memorial Health System - a not-for-profit healthcare organization serving northwest Ohio, and offering comprehensive healthcare close to home.

Tamara's areas of specialization include coronary care, geriatrics, and senior-assisted living. A coronary care unit (CCU) or cardiac intensive care unit (CICU) is a hospital ward specialized in the care of patients with heart attacks, unstable angina, and other cardiac conditions that require continuous monitoring and treatment. Geriatrics, or geriatric medicine, is a specialty that focuses on health care of elderly people. An assisted living residence or assisted living facility (ALF) is a housing facility for people with disabilities or for adults who cannot or choose not to live independently.

Throughout her career, Tamara has done some teaching and mentoring of nursing students. She finds it most rewarding and satisfying when her students come back to her and tell her it is because of her that they are nurses.

Tamara has assisted a sister facility with corrective actions from State Survey deficiencies by revamping its Nurse Aide Training program, as well as redesigning tasks/schedules within the facility. She has also locally contributed to the Nurses Aide Training Curriculum for a local skilled nursing facility.

When asked why she chose a career in nursing, Tamara said that it was due to her passion for caring for people. Additionally, she read a book in the 4th grade titled "Nurse in New York" and from that day on, she knew that she wanted to become a nurse.

Tamara received her nursing degree from the Apollo School of Practical Nursing in 1981.

Tamara holds certification in Advanced Cardiac Life Support (ACLS), Basic Life Support (BLS - not intended for postnominal use), as well as Cardiopulmonary Resuscitation (CPR).

Tamara was nominated as Top Nurse in Lima, Ohio in 2012.

Tamara is a member of the International Council of Nurses (ICN). Founded in 1899, the ICN is the world's first and widest reaching international organization for health professionals. Operated by nurses and leading nurses internationally, the ICN works to ensure quality nursing care for all, sound health policies globally, the advancement of nursing knowledge, and the worldwide presence of a respected nursing profession and a competent and satisfied nursing workforce.

Licensed practical nurses (LPNs), provide routine care for the sick or injured. They work in conjunction with registered nurses (RNs) to adhere to a care plan for each patient. However, while most RNs work in hospitals, LPNs are generally hired in smaller settings, such as nursing homes, home health environments, and rehabilitation centers.

LPNs are responsible for a range of patient care and administrative tasks, including: monitoring basic patient health such as vital signs and overall condition; changing dressings or inserting catheters; taking patient histories and maintaining documentation; assisting with tests or procedures; providing personal care, such as helping with bathing and toileting; as well as consulting with RNs on care plans.

Learn More about Tamara J. Myers:

Through her online profile, <https://todaysnurse.org/network/index.php?do=/4143665/info/>

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