

## Angela M. Guardado, RN, BSN, CDE, Registered Nurse with the San Mateo Medical Center

Get to know Registered Nurse Angela M. Guardado, who serves patients in San Mateo, California.

**New York City, May 22, 2019** ([IssueWire.com](http://IssueWire.com)) - Angela is a registered nurse (RN) who is currently serving patients at the San Mateo Medical Center in San Mateo, California. The San Mateo Medical Center is a public hospital and clinic system fully accredited by The Joint Commission. The Medical Center operates outpatient clinics throughout the San Mateo County and an acute-care hospital in San Mateo. The mission of San Mateo Medical Center is to “partner with patients to provide excellent care with compassion and respect.”

Angela is a highly motivated and skilled professional with more than 32 years of experience, especially in cardiovascular diabetes education.

Angela graduated with her Bachelor of Science in Nursing (BSN) from the Pontifical Xavierian University in Columbia in 1986. She also holds additional certification as a Diabetes Educator. A Certified Diabetes Educator (CDE) is a healthcare professional who is specialized and certified to teach people with diabetes how to manage their condition.

Angela chose a career in nursing as she had watched family members become ill as a child, especially her grandmother who happened to be a diabetic. Hearing that she needed to have a leg amputated also left a lasting impression on her - one that made her want to know why and how she could help others in the same situation.

Angela attributes her success to her commitment and passion for nursing, as well as to seeing her patients get better under her care.

Angela has assisted clinical research on several cardiovascular programs. She has also participated in the evaluation of the electronic charting system for San Mateo County Hospital, as well as in the preparation of didactic tools for IHSS providers on the topic of diabetes.

A registered nurse (RN) is a nurse who has graduated from a nursing program and met the requirements outlined by a country, state, province or similar licensing body to obtain a nursing license. RNs fulfill a variety of job duties. In addition to the primary role in treating and caring for patients, their responsibilities also include educating patients and the public about a variety of medical conditions, as well as providing emotional support and advice to the families of their patients. Other RN job functions include performing diagnostic tests and analyzing results, operating medical equipment, administering medications, recording patients' symptoms and medical histories, and assisting with patient rehabilitation and follow-up.

### Learn More about Angela M. Guardado:

Through her online profile, <https://todaysnurse.org/network/index.php?do=/4142754/info/>

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