

An Eye-Opener on Finding Your Energy, Understanding Your Power, and Connecting with Your Soul

A unique, insightful read on harnessing the invisible mirror within yourself; Mind, Body & Soul

THE INVISIBLE MIRROR

KNOWING YOURSELF AND YOUR SOUL



KIM SILVER *with* DEZNI

Pittsburg, May 28, 2019 (IssueWire.com) - Kim Silver's [*The Invisible Mirror: Knowing Yourself and Your Soul*](#) underlines the importance of energy and connecting with one's soul. It is a guide, with many tools, on how to control your energy and the role energy has in your world and daily life.

In this book, Silver opens your eyes: "What you see is a reflection of what you don't see." Energy plays a fundamental part in everything that happens with you and around you. Awareness of that will help you achieve inner peace and improve your well-being. Kim also sheds light on the purpose of your existence. "It is your soul's journey to grow, expand, and advance through experiences to reach the enlightened truth." This book underlines the innate power we all have to heal and manifest our best life. *The Invisible Mirror: Knowing Yourself and Your Soul* enlightens us that our existence here on earth is one of the many soul levels our soul has to pass through to get to the final one: the truth. This book also touches on the ego and the importance of mastering it.

Open your mind to things you cannot see. Learn as you fulfill the purpose of your existence. Live a more meaningful life. Look into the *Invisible Mirror*, and let Kim show you the way.

Kim's work will be exhibited at the BookExpo + BookCon 2019, to be held at the Jacob Javits Center, New York City, this coming May 29 to 31 and June 1 and 2, 2019, at the Authors Press Booth # 1667. To get the latest update on authors, like and follow Authors Press on Facebook, Instagram, and Twitter.

[The Invisible Mirror: Knowing Yourself and Your Soul](#)

Written by Kim Silver

E-book| \$5.38

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Hardcover| \$28.95

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BODY - MIND - SPIRIT

Many of us crave information to all the big questions in life like, "Who am I?" and "What is my soul's purpose?" and "What happens after death and beyond?" The good news is that the answers lie within the understanding of energy and everything it creates in the universe as well as the spirit realm and all of its levels. *The Invisible Mirror* gives you the wisdom and simple tools needed on how to balance your mind, body, and soul to succeed within this lifetime.

Kim Silver's many years of holistic practice and studies have led her to a deep understanding of energy and how it plays into human and soul beings. She relies on assistance from Dezi—her own soul—to guide simple facts about energy that will encourage others to look in the invisible mirror and accept our loving lights of energy, find a purpose, and use it to move forward into a life of positivity and enlightenment. Through her easy to follow instructions, others will learn about the many levels of energy as well as how to master their egos, manage their daily energy supply, understand and connect to their soul, choose love over fear, and rise above their own humanness to find the truth about their lives.

The Invisible Mirror explains simple facts about energy that will help anyone trust their inner voice to guide them on a self-reflective journey to find happiness, inner-peace, and a true purpose.



Kim Silver is a healing therapist who has studied and worked in the holistic field for over twenty years. She owns Body & Soul Therapies in Northern California where she helps her clients navigate and heal their mental, emotional, physical, and spiritual needs. Kim herself has had to overcome many challenges in her own life and most before the age of 15. She struggled in school with undiagnosed dyslexia, has suffered from a deformed spine, and experienced a deep trauma with

the death of her brother from a drowning accident. She understands the many challenges and impacts life can have on individuals and through knowledge and support most people can heal.

Kim offers retreats near Mt Shasta, CA several times a year where she teaches from the chapters in *The Invisible Mirror*. You can find out more information about Kim or these retreats at her website www.kimsilver1energy.com. *The Invisible Mirror* is her first book.



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