

# 200 hour Yoga Teacher Training in Rishikesh (Traditional Hatha Yoga Focused)

Yoga Alliance USA registered best Yoga Teacher Training in Rishikesh



**Rishikesh, May 14, 2019 ([IssueWire.com](http://www.IssueWire.com))** - Chandra Yoga & Meditation Ashram provides Traditional **200 hour yoga teacher training in Rishikesh**. The 200 Hour TTC is **beginners friendly** and intensive training where you will gain many diverse tools on teaching Yoga, asanas and its modifications, Yogic philosophy, and much more. This is 28 days long ancient **Yoga Teacher Training program**.

Join this [200 hours Yoga Teacher Training in India](#) to deepen your physical, mental, and spiritual knowledge. Asanas, Pranayamas, niyams, mantras, chants, and meditation will be practiced in this course. This Yoga Teacher Training will give you the observation you need to expand the endless possibilities of life and your own personal path!

## Overview:-

- Teach Yoga globally, you will get the certificate from Yoga Alliance USA.

- You will practice various yoga styles and modifications.
- Breathing practices, Meditation sessions, and Chanting mantras and bhajans.
- Accommodation in Raja National Park, with a panoramic view of the Ganga River and whole cities, Rishikesh and Haridwar.
- Yogic food every day, cooked with love.
- Wi-Fi (free), laundry service, Library, Swimming Pool (in construction)
- Excursion to the Himalayas, Jungle visit and much more

### **Facilities:-**

- Environmentally friendly (you will get see a lot of species of birds and wild animals)
- Smoke and alcohol-free Ashram
- 2 Giant Yoga halls, wooden flooring and fully A/C

### **Included excursions:-**

- Jungle Visit
- Ganga Arti Visit at Har ki Pauri (Haridwar)
- Kunjapuri (optional)
- Rafting (Seasonal)

### **What's included**

- Accommodation 28 Days
- Tasty meals every day (unlimited until you are tummy full)
- Yoga and Meditation Sessions at Beach
- Yoga materials (Notebook, Neti Pot, Pencil, Pen, Yoga Mat)
- One Ayurvedic Massage (on request).

### **200 Hours Yoga TTC in Rishikesh Dates Schedule:-**

12 Jun - 08 Jul --- \$1399 --- Booking Open --- [Click Here to Apply](#)

13 Jul - 08 Aug --- \$1399 --- Booking Open --- [Click Here to Apply](#)

The course starts on the 12th of every month and it finishes on the 08th of next month.



### **Media Contact**

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Source : Chandra Yoga & Meditation Ashram

See on IssueWire : <https://www.issuewire.com/200-hour-yoga-teacher-training-in-rishikesh-traditional-hatha-yoga-focused-1633489346835419>