Jean-Pierre (JP) Silvera, Chiropractor Treats Patients in Clermont, FL Area at Taylor-Made Health &

Get to know Dr. Silvera, a highly respected and well regarded expert in Chiropractic Medicine.



New York City, Apr 5, 2019 (<u>Issuewire.com</u>) - Dr Silvera is dedicated to helping his patients achieve wellness objectives by combining experience, knowledge and expertise covering the entire chiropractic spectrum. He is committed to bringing better health to his patients by practising the true principles of chiropractic wellness care.

Dr Silvera holds a Doctorate in Advanced Chiropractic Care, Cum Laude from Life University in Marietta, GA. Life University is a private university, established in 1974 and is the largest single-campus chiropractic college in the world. Life University centres their philosophy, including clinical training, around the vertebral subluxation complex.

Dr Silvera earned a Bachelors of Science degree in Biology from the University of Hartford in West Hartford, CT, with a specialization in Exercise Physiology. He is also a Certified Chiropractic Extremity

Practitioner. While traditional chiropractic focuses on the adjustment of the spine to locate subluxations (displacements) of the vertebrae and correct them to restore and maintain optimum health, injuries or displacements in a patient's extremities can have a profound impact on the overall health of the spine. His expertise ensures that the root cause of the spinal imbalance is treated to prevent patterns of chronic pain and related symptoms.

Taylor-Made Health and Wellness were established by Dr Silvera in 2011. He specializes in all facets of his speciality, including general chiropractic care, auto accident treatment, spinal decompression, massage therapy, physicals, and sports injuries. Specifically, the following conditions are treated: Carpal Tunnel Syndrome, Sciatica, pinched nerve, Scoliosis, headaches, back pain, neck pain & stiffness, shoulder pain, numbness or tingling, disc problems, TMJ, extremity pain, hip or pelvic issues, sacroiliac pain, arthritis or degenerative joints in the spine, posture improvement, and more recently — 'Text Neck' in teens or adolescents.

Taylor-Made Health & Wellness will offer the following chiropractic care: electric stimulation, ultrasound, decompression therapy, massage therapy, trigger point therapy, strength and flexibility training, neuromuscular education and chiropractic adjustments.

Dr Silvera specializes in post-auto-accident injuries. Early care and treatment are very important in a quick rehabilitation. The sooner Dr Silvera begins a treatment plan, the sooner the patient will be on the road to recovery. Injuries from car accidents can show up days or even weeks after the incident, therefore Dr Silvera encourages patients to visit as soon as possible.

Learn more about Dr Silvera:

From his FindaTopDoc.com profile page: https://www.findatopdoc.com/doctor/3030532-Jean-pierre-Silvera-chiropractor-Clermont-FL-34711.

Or from his website: https://dripsilvera.wordpress.com/about/ He may also be contacted through the Taylor-Made Health & Wellness: http://www.tayloredwellness.com/

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide on your journey towards optimal health by providing you with the know how to make informed decisions for you and your family.

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