Ingeborg S. Dziedzic, MD, Ophthalmologist & Anti-Aging and Preventive Medicine Specialist with OBEGA

Get to know Ophthalmologist & Anti-Aging and Preventive Medicine Specialist Dr. Ingeborg S. Dziedzic, who serves patients in Pleasantville, New York.
New York City, Apr 15, 2019 (Issuewire.com) - Dr. Dziedzic is an ophthalmologist & anti-aging and preventive medicine specialist. She and her husband, Dr. John Dziedzic, opened OBECANO - an
integrative and preventive practice located in Pleasantville, New York - in 2011 after obtaining ABAARM from the University of Southern Florida. The main focus of the practice is helping patients access cutting edge treatments with solid scientific basis and treating precursors to disease before visible clinical manifestation. It recognizes 9 pillars as fundamental elements for improving quality of life: looking good, being happy, sleeping well, eating well, detox, weight loss, activity, cardiac health, and sexual health.

Dr. Dziedzic is board-certified in anti-aging and restorative medicine by the American Academy of Antiaging Medicine (A4M). The American Academy of Anti-Aging Medicine is dedicated to the advancement of tools, technology, and transformations in healthcare that can detect, treat, and prevent diseases associated with aging. A4M further promotes the research of practices and protocols that have the potential to optimize the human aging process.

Dr. Dziedzic was born in Zagreb, Croatia and received her BS at Fordham University where she majored in biology and philosophy. After attending Albert Einstein Medical School, she completed a pediatric internship at Medical College of Pennsylvania followed by her residency in ophthalmology at Montefiore Medical Center. During her training, she worked at the vascular research lab at Montefiore and at Sloan Kettering, as well as did research at Mt. Sinai and Fordham.

Although Dr. Dziedzic interned in pediatrics, her interest in Ophthalmology sprung from previous research in causes and treatments of central retinal artery occlusion that partially blinded her father.

Dr. Dziedzic is also a clinical professor with the Department of Ophthalmology and Visual Sciences at Montefiore Medical Center. As the academic medical center and University Hospital for Albert Einstein College of Medicine, Montefiore Medical Center is nationally recognized for clinical excellence - breaking new ground in research, training the next generation of healthcare leaders, and delivering science-driven, patient-centered care. It is ranked among the top hospitals nationally and regionally by U.S. News & World Report, with a mission to heal, to teach, to discover and to advance the health of the communities they serve.

Ophthalmology is a branch of medicine and surgery that deals with the diagnosis and treatment of eye disorders. Preventive medicine focuses on the health of individuals, communities, and defined populations. Its goal is to protect, promote, and maintain health and well-being and to prevent disease, disability, and death. As an ophthalmologist & anti-aging and preventive medicine specialist, Dr. Dziedzic consistently applies her preventative philosophy to combat both visible and non-visible signs of aging. She is an expert at non invasive cosmetic procedure, nutritional support, hormonal optimization and all aspects of disease prevention.

Learn More about Dr. Ingeborg S. Dziedzic:


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Source: Ingeborg S. Dziedzic, MD