

## **Writer Launches New Book on Changing Her Life's Values through the Teachings of the Navajo Indians**

Author releases second book of her Double Doll memoir series



**Tucson, Mar 3, 2019** ([IssueWire.com](http://IssueWire.com)) - Sharleen Daugherty's "[She Faces Her Enemy: Learning Who "They" Are](#)," continues her inspiring interaction with the Navajo people and culture that upends her sense of herself, like the "double doll" she describes in her first book, "Double Doll: Turning Myself Upside Down."

Following a childhood memory of acceptance by a young Navajo friend, the author sells her lucrative East Coast consulting company in pursuit of a new business with a mission to promote American arts through the sale of Navajo weavings. Along the way, Daugherty is adopted by a Navajo matriarch, sponsors two Navajo weavers at an international trade fair in Hannover, Germany, and is befriended by a traditional Navajo medicine man who predicts that she will write about her experiences. She is introduced to the concept of *hózhó*, the Navajo belief in a life spent in balance and harmony—spiritually, mentally, physically and emotionally. As the community includes the author as one of their own and she embraces *hózhó*, or "walking in beauty," Daugherty's life is forever changed.

Sharleen Daugherty will be having a meet-and-greet session at the [Tucson Festival of Books](#) to be held at the University of Arizona Campus this coming March 2-3, 2019. She will be signing copies of her books at Authors Press' booth on March 3 from 10:30 am to noon and at the Indie Author Pavilion from 2:30 to 4:30 pm. Festival goers and readers of all ages will get a chance to learn more about the author and discuss her work and inspiration in person. To get the latest update on authors, like and follow Authors Press on [Facebook](#) and [Twitter](#).

[She Faces Her Enemy: Learning Who "They" Are](#)

Written by Sharleen Daugherty

E-book | \$ 9.99

Paperback | \$ 17.00

Book copies are available at [Authors Press](#), Amazon, Barnes & Noble, and directly from the author at [www.sharleendaughertyauthor.com](http://www.sharleendaughertyauthor.com).

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