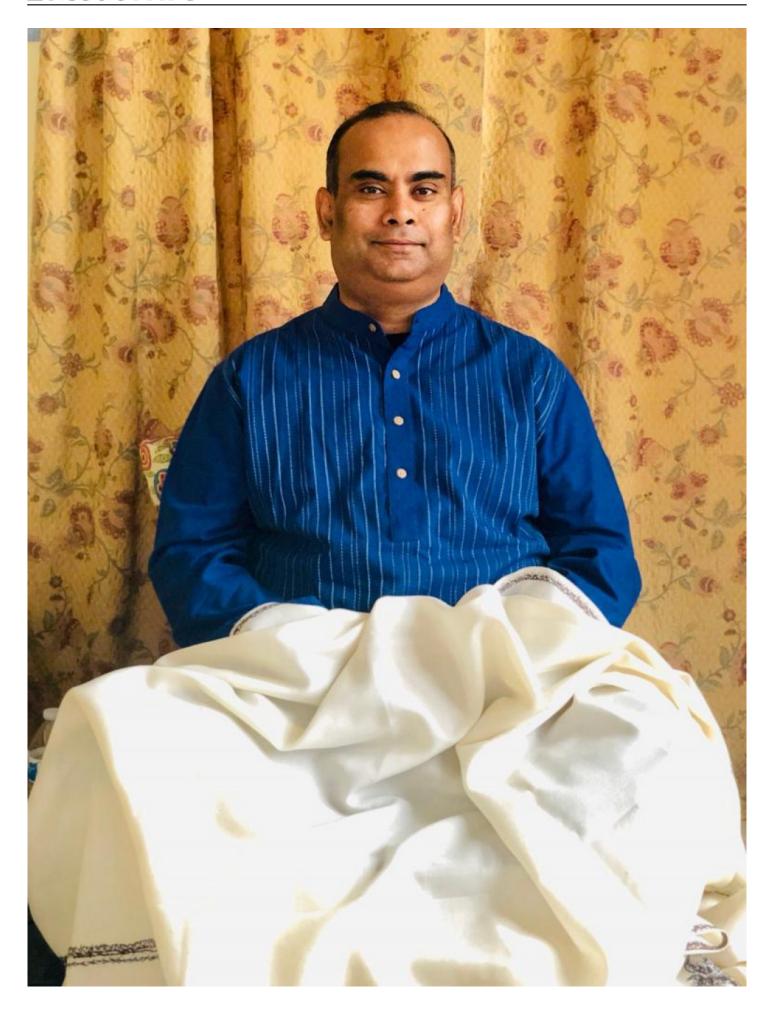
Science of Self-heal & Self-realize through Reiki Raja Yoga Session



Ashburn, Mar 4, 2019 (<u>Issuewire.com</u>) - Divine Heart Center conducted a Satsang followed by a one-day Reiki Raja Yoga Retreat in Ashburn, Virginia on the 22nd and 23rd of February. Satsang is a Sanskrit word which translates to "being with the truth". Grandmaster Shailesh Kumar enlightened the crowd with multiple topics on spiritual laws such as energies, chakras, minimizing the amount of "applications" running in our heads, and Reiki and Raja Yoga powers. People were able to ask questions during these discussions and speak with Shailesh about their spiritual goals.

There is a direct correlation between one's life and their physical and aura body. The accumulation of one's karma gets stored in energy centers in their bodies called Chakras. Reiki being the loving and soothing power of unconditional love and Raja Yoga being the meditation practice that lasers through karma. The combination of these ancient techniques burns the negative karma in one's chakras, resulting in an improvement in the quality of one's life and a balance in health, wealth, wisdom, love, relationship, peace, and joy.

On February 23rd, Grandmaster Shailesh Kumar led new and existing initiates in the Divine technique of Reiki and Raja Yoga which empowers self-healing and self-realization. The new initiates were revealed the practices and how to incorporate them into their daily busy lives. These techniques will allow them to dissolve their past, present, and future karma, creating happiness within themselves and worldwide. The group meditated and practiced the teachings, returning to the world with high spiritual energies accompanied with the tools to sustain and refuel that positive energy.

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